With the spectacular London Olympiad and the successful landing of Curiosity on planet Mars as the backdrop, UPNAAI made history in its own right at the organization’s 33rd Reunion in historical Colonial Williamsburg, Virginia. The deftly planned big affair brought UPNAAI to new heights as the eager anticipation prior to this August Summer flourished into exuberant excitement at each approaching moment of the celebration. Indeed there was unsuppressed exclamation as a classmate hugged another for the first time after many long, long years; more hugs were exchanged when they gathered as a class.

The long preparations paid off as UPNAAI achieved many meaningful milestones—a testament to the board members whose hard work and diligence shaped the outcome. The leader of every committee was relentless and made sure that the event transpired as envisioned. With Peregrin C. Francisco at the helm of this splendid esprit de corps (the first UPNAAI president outside of California in the association’s 33-year history, a milestone in itself), the organization chose the reunion theme: “Exploring and Preserving a Legacy of Excellence.”

The venue could not have been more fitting and appropriate. Colonial Williamsburg is the cradle of American heritage where early native Americans once roamed and the first English colonists settled, both groups thriving on the bounty of the land. The location is clustered with historical edifices maintained for the next generation to experience and see. Preserved along these structures are great ideals, American values and the legacy of the American spirit --- the quest for freedom. Indeed the place is an inspiration to all. And for UPNAAI, its aspiration is the quest for excellence, a legacy to uphold and to be similarly preserved.

As the event drew closer, the DELMARVA Chapter, the reunion host, prepared the groundwork. Various committees were in full motion, arrangement for the shipment of the 2012 Yearbook from California was done, and The Nursing Journal was on its way. Both sets of items were expected to arrive at Williamsburg Lodge at the very latest on August 9, 2012. On that same day, alumni from around the world who were aboard in cars, buses, trains and planes started streaming in at the break of dawn. Those who flew in made their way through Virginia’s nearby airports: Norfolk, Richmond and Newport News. By noon time, groups, batches and classmates gathered among themselves, exchanged pleasantries and surprises. By all indications, the party has begun and continued throughout the night.

Early morning, on August 10, the sun appeared brightly at the picturesque Virginia horizon promising a colorful day. At the conference center the registration desks were set, the audio-visual equipment checked, chairs and tables were arranged, and breakfast was ready. In no time, the room was filled with the highest number of attendees of any UPNAAI seminar in history--another milestone for the association. The challenging yet very informative topics were comprehensively expounded by outstanding speakers. Meeting all course objectives, the seminar was a great success. The effort of the Education Committee members manifested itself in the result, no doubt a job well done. The morning segment was highlighted by the presentation of the J.V. Sotejo Medallion of Honor to a very deserving recipient, Dr. Minerva Salinas Guttman’68, Chief Academic and Administrative Officer, Henry P. Becton School of Nursing and Allied Health, Farleigh Dickinson University. She received the award for her dedication to enhance competency in nursing practice through the integration of nursing education and other skills. Chosen by peers, the Medallion of Honor is the highest...
Editorial Message

UNITED IN THE QUEST FOR GROWTH
Jenneth B. Doria, BSN’79, MS RN
Editor-in-Chief of the UPNAAI News 2012-2013

Our theme for the 34th Annual Reunion triggers my mind to look back 34 years ago when I graduated from our nursing program-how time flew! With seven kids and 5 grandkids in tow, I am deeply grateful and simply humbled by the tender mercies from God’s hands. Being taught in a prime institution of learning, the University of the Philippines College of Nursing, unleashed an array of opportunities for my classmates in the Philippines, in the United States and anywhere we decided to practice our nursing careers. Indeed, the common thread that interweaves our lives as alumni is the strong, durable, and resilient fiber that our alma mater has skillfully knitted in our hearts and minds. I see ourselves as colorful patches of a beautiful quilt that provides warmth, protection and familiar security. Like the faded jeans, for some unexplainable reason this quilt just gets more precious in time as each patch fades in color and the thread gets disheveled. Perhaps it is because a new square gets sewn on top of the old patch, or the thread gets reinforced with new thread, and more patches are added to its borders to accommodate the ever-growing need for this heirloom to provide security to a scared child, warmth to an aging parent or protection to lay upon the ground as families sit on the park to watch the 4th of July fireworks. With each patch is a breadth of experience so personal and meaningful to us.

We each make a quilt of our own lives. I added several patches on mine when I returned to school after 32 years of being outside school walls. It was a steep learning curve as I had to learn through a blended format of technology and didactics that was different from how I learned traditionally. Balancing my roles as a mother, wife, caregiver to my aging mother, part-time nurse and other tasks was very challenging, but I also knew that being an educator is the ultimate point in my 32 years of nursing practice. I embarked on a personal quest for 2 years and I look back with gratitude for the ultimate point in my 32 years of nursing practice. I embarked on a personal quest for 2 years and I look back with gratitude for my personal growth and opportunities that became closer to my reach.

Patricia Benner’s Carnegie and Institute of Medicine Reports call for nurse experts to provide quality and safe patient care to a diverse population within a complicated health care system. How do we heed such clarion call when we are at different seasons in our lives? We could do this at our own time and pace, spacing the same purpose and heading towards one goal. Just like a beautiful quilt that stands the test of use and time, we each contribute a patch or two to the ever-growing UPNAAI quilt. Each one adds color and diversity and is part and parcel of the overall design and purpose of the quilt. As we increase our knowledge not just in nursing but in other areas of our lives, we propel ourselves towards a trajectory that could only forge us forward and upward. We enrich one another’s life and those around us when we are ‘united in our quest for growth’ and act as one as we serve and truly be the change agents that UP meant for us to become.

* * *

KINDLY ACCEPT OUR APOLOGIES FOR ANY ERROR OF OMISSION OR COMMISSION, WHICH MIGHT HAVE OCCURRED IN THE PREPARATION OF THIS MAGAZINE.
President's Message

Peregrin “Perry” Camilon Francisco
CN 69, BSN’71
UPNAAI President

It has been a few months since I was elected as the President of UPNAAI. Wearing two hats, one as the President of the DELMARVA Chapter and the other as the President of UPNAAI, has been a humbling and challenging experience indeed. The best part of the journey was meeting our supportive UPNAAI members and leaders. Thank you for giving UPNAAI and me the support and opportunity to lead this organization to a new direction. Your trust and encouragement provided me with the strength to face the responsibility I so willingly accepted.

I am greatly honored that the DelMarVa Chapter hosted the 33rd Annual Reunion. The DelMarVa Chapter, only two years old, demonstrated how to host and be successful. Thanks to Carmi Villacuz Baustista’74, UPNAAI’s 2nd VP and DelMarVa VP, together with the DelMarVa members and spouses, for a job well done. In the process, we accomplished a few “firsts”. After thirty-three (33) years, I am the first UPNAAI President that is not from the State of California. The reunion on August 11-12, 2012 was the first reunion held in Virginia.

Each event was a big success with a huge number of attendees; 125 for the Education Program, 253 for the Luncheon Roll-Call, and 337 for the Gala Dinner. All of these, we owe to our UPNAAI leaders, Chapter members, the growing general membership, and enthusiasm of the jubilarians. These players were the recipe to our success. A special thanks to Mama Flor Sison Castelo’50 for her encouragement and belief that we can do this, not to forget her comedic talent. I know that I have big shoes to fill and I surely tried my very best.

I ran my candidacy with the following goals and have carried these into my administration. I am very happy to report that we are making progress.

1. Maintain the legacy of excellence through the annual educational conference and UPCN status report. We had record attendance with a balanced presentation from our jubilarians from the Philippines. Dean Remy Lapides Fernandez’67 of Avelano University Graduate School for Nursing and Past Dean Josefina “Peng” Angeles Tuazon’77 of the University of the Philippines, and from the United States, Ernando Pagono of the DELMARVA Chapter. Thanks to Mely de Leon and Letty Lantican for their recommendation to invite Dr. Francisco Sy of the National Institutes of Health, UPNAAI’s 1st VP, Marlon Garzo Sarria’98, Chairman of the Education Committee, provided great leadership.

2. Increase UPNAAI general membership by 2% in 2012 and 3% in 2013. We have attained and also exceeded our goal. As of the 33rd Reunion on Aug. 10, 2012, we already have 29 new life members and 8 new annual members. This is more than a 6% increase in membership from January 1, 2012 to August 10, 2012. During & after the August reunion, more joined UPNAAI as life & annual members, so by the end of 2012, UPNAAI gained an 8% increase in membership. Also, our annual members were encouraged to convert into life members. Many thanks to UPNAAI’s 3rd VP, Jesusa “Toots” Santa Barbara Czach BSN’79, Chair of the Membership Committee, for working with our alumni. UPNAAI thanks Marlene “Pinkly” Catalyo Chance’75, who single-handedly recruited so many of her UP PGH SN’75 classmates. The second most of new 2012 life members came from the UPCN Class of 1979.

3. Revitalize UPNAAI Chapter formation through Regional efforts forming a Western Region, Eastern Region, North Central Region and South Central Region. The work to accommodate some changes in our Constitution and By-Laws continue by reaching out to the geographic areas where the potential of establishing a Chapter is great. We continue our dialogue with the previous chapters that have gone inactive for one reason or another. This is a time to ask ourselves, What have I received from the University of the Philippines? How can I give back for what I received? If not now, when? In unity we will be stronger, no matter where we are located. Let us stand up and be counted. Apply to become an UPNAAI member and organize a Chapter.

4. Streamline the UPNAAI By-Laws, Policy and Procedure, and guidance documents for a transparent operation. This is an area of great need for UPNAAI. We need a fresh look at what we have done and how we can do it better. The updates in our Constitution and By-Laws, together with a clear Policy & Procedure can guide us in what we want to improve and accomplish. We need to hear your input on these matters.

5. Upheld UPNAAI’s 50th (c) 3 status through a crystal clear understanding of the law. We are slowly but surely understanding our status. We are showing the power UPNAAI has to make a difference in education, research and community service. Our contribution is impacting lives in the United States and in the Philippines. We need to continue our generosity in time, talent and treasure that we have been so blessed to have. Open up your heart, mind and wallet. Here is your opportunity to create a LEGACY.

This year’s theme of “Exploring and Preserving a Legacy of Excellence” reverberates in many of our minds. We have indeed explored many options this year. Change in leadership, growth in membership, and inclusions of the many who were bystanders. The legacy of our pioneering leaders is being harnessed by their contribution in knowledge, skills, and excellence of performance. There are many more that we have to tap so they can share their expertise with UPNAAI. We will reach out to them.

I am a UP Nursing alumnus, a graduate of both the UP-PGH School of Nursing and the UP College of Nursing, I bridged the gap between the diploma school and the bachelor degree programs. Around 1975, the Philippine nursing education with its forward thinking leaders legislated nursing into one entry level, the Bachelor of Science in Nursing (BSN). The last graduate of the UP-PGH was in 1976. That is our UP nursing history. Having done that, we are thankful to the nursing pioneers who challenged us to be better educated and prepared us to compete globally. We are all UP alumni, having graduated from the University of the Philippines. Let us stay united in support of UPNAAI.

To end, thanks for your continued support to UPNAAI. Reach out and be counted as a member. It is our privilege and opportunity as UP alumni. Let us all remember that UP gave us our greatest professional head start and made us one of the greatest “healthcare professionals” in the world. Keep reaching out to each other and our Alma Mater.

Calling All 2013 Jubilarians and Class Coordinators

34th ANNUAL REUNION • AUGUST 2-3, 2013

“United in the Quest for Growth”
Hyatt Regency Orange County, Garden Grove, CA
11999 Harbor Blvd., Garden Grove, CA 92840
Reservations: (888) 591-1234 or (714) 750-1234
Website: https://resweb.passkey.com/go/upnaai

The deadline for the discounted room rate at the Hyatt Regency is July 15, 2013

EARLY BIRD REGISTRATION POSTMARK DEADLINE: JULY 15, 2013
Download Registration, Membership & Souvenir Program Ad Contract forms at www.upnai.org

Additional Contact Information:
Perry Camilon Francisco’69 (757) 495-5875 or pcrfranci@sentara.com
[President, 2012-2013]
Iren Bobis-Roldan’69 (949) 380-7982 or iренb2@aol.com
[Treasurer & Chair-Program Committee 2013]
Jesusa “Toots” Santa Barbara Czach’79 (714) 771-7466 or jesuczach@gmail.com
[3rd VP, Chair-Membership Committee 2012-2013]

CLASS COORDINATORS
1943 – PLATINUM.................. TBD
1948 – TRIPLE DIAMOND...... SN Maria Giadioma
1953 – DOUBLE DIAMOND...... CN Juliana Sajor Dumag 310-320-9185
SN Remedios Fernandez 818-370-8283
SN Teodacia Jurilo 213-384-5864
1958 – DIAMOND........................... TBD
CN Lourdes Garcia 213-463-6907
CN Luz Micabalo 702-375-7874
SN Luz Lutos 619-755-2235
SN Amelia Mandal 562-921-6827
1963 – GOLDEN.................... TBD
CN Aurora Marampi 714-777-2348
CN Cecilia S. Fuentes 714-779-0969
SN Virginia & Jaime Raymundo 323-236-0685
1968 – SAPPHIRE................... TBD
CN Dulia Faroan-Pacual 908-754-1712
SN Fely M. Villa 281-344-8629
SN Natalia Matta-Mercado 818-894-5142/818-378-3451
SN Levy Mendoza Villegas 949-786-7839/949-253-5749
1973 – RUBY............................ TBD
CN Maggie Ongko 213-280-0345
CN Marilyn Ubeda Boots 310-316-7471/310-748-9940
SN Amelia Susan 818-566-8843
1978 – CORAL....................... TBD
CN Victoria D. Jones 602-439-7409
1983 – PEARL....................... TBD
1988 – SILVER...................... TBD
CN Wendy Vaughn 619-421-3672
1993 – CHINA............................ TBD
CN Shariene Dela Rosa 626-256-3537
1998 – CRYSTAL................. TBD
CN Marlon Garzo Sarria 619-246-4690
2003 – TIN............................ TBD
2008 – WOOD......................... TBD

WINTER 2012 3
Memorial Tribute to Dean Thelma F. Corcega

REMEMBERING PROFESSOR EMERITUS THERMA F. CORCEGA

The University of the Philippines College of Nursing is deeply saddened by the untimely demise of one of its pillars in community health nursing and nursing administration. Professor Emeritus Thelma F. Corcega was part of an era that is slowly passing us by. Words are inadequate to describe how she lived her life. We remember her as a trailblazing educator, a supportive colleague and mentor, a genuine friend, and a very caring person.

As an educator, Professor Corcega was instrumental in developing and enhancing the nursing curriculum of the College of Nursing. She especially left her imprint in the areas of community health nursing and nursing administration. Her unfailing commitment to her work and her world-class talents were recognized by the World Health Organization (WHO) where she engaged with international consulting. She incessantly developed her craft in teaching and became a well-sought speaker on nursing issues. She was appointed Dean of the College of Nursing from 1993 to 1996. We remember her as a leader who stood her ground on issues she felt strongly about and did not buckle down even under extreme pressure. As such, colleagues referred to her as the “Lady of Justice”.

Professor Corcega was a very supportive faculty member and mentor. She was someone who was willing to extend a helping hand to anyone in need, especially to the junior faculty. A very principled individual, she kept us on our toes and constantly reminded us how a professional teacher should be. She despised mediocrity with a passion and was a staunch advocate of the culture of excellence embodied by UP. Her work ethic is literally “par excellence”. It was not surprising that she was appointed Professor Emeritus, an honorific title given only to deserving retired faculty.

Her genuine friendship and constant guidance will be missed greatly. She went frequently to the Alumni Office because she was a treasurer of the U.P. College of Nursing Foundation, a job that kept her busy and which she took very seriously. She understood the critical role resources played towards the implementation of programs and projects that benefit the College in particular and the nursing profession in general. She unselfishly contributed her high level of integrity to the realization of this endeavor. People saw her enjoying coffee over daily conversations with anyone who wanted to see her or who accidentally dropped by the alumni office. She loved company. She could incessantly narrate stories and be very opinionated about any topic under the sun.

Finally, we remember Professor Corcega as a beautiful person who touched many people in a unique way. A very humane person, she loved life and lived it to the fullest. She gave of herself unsparingly to people without hesitation and she was greatly loved in return. Her sudden demise on February 20, 2013 had left a gap that is irreparable. We will miss her. We are only consoled by the thought that she is in a better place, comforted in the bosom of her Creator. May she rest in peace forever. Thank you, Professor Corcega, for having been a meaningful part of our lives. Farewell.

TRIBUTE TO THELMA CORCEGA:

STATEMENTS FROM THELMA’S FRIENDS & COLLEAGUES

UPCN mourns for we have lost someone we love. Let this loss bind us more.

UPCN Dean Araceli (Cel) Balabagno, MN’77, PhD’2000, Professor

In 2002, Mathel was nominated as Treasurer of the University of the Philippines College of Nursing Foundation Inc. (UPCNFI) based on her success in fixing the Philippine Nurses Association’s finances. As Treasurer par excellence, she watched our funds like a hawk. She said that we had a responsibility to the donors and the College. While her “protectiveness” or “strictness” had hurt a few, it had a legal and ethical basis. Mathel loved the College so much she went frequently to the Alumni Office because she was a treasurer of the U.P. College of Nursing Foundation, a job that kept her busy and which she took very seriously. She understood the critical role resources played towards the implementation of programs and projects that benefit the College in particular and the nursing profession in general. She unselfishly contributed her high level of integrity to the realization of this endeavor. People saw her enjoying coffee over daily conversations with anyone who wanted to see her or who accidentally dropped by the alumni office. She loved company. She could incessantly narrate stories and be very opinionated about any topic under the sun.

Dean Thelma Corcega’s Birthday Celebration, UPCN (Nov. 2012)

TRIBUTE TO THELMA CORCEGA:

MEMORIAL SUNG FOR HER GREATNESS

Agnes Essem B. Perez, UPCNFI President

“Like a dear that years for running streams
So my soul is yearning for You, my God!”
—Agnes Essem B. Perez, UPCNFI President

We feel a deep sense of gratitude for the gifts of friendship that came to us through Thelma (TC). High up on her list were the simple joys of family (“mga igaya ng angkan”). The “little pleasures” like enjoying a piping hot aromatic cup of coffee with a friend talked very much in TC’s accounting. . . “mga munting kasiyahan ng buhay”, as it were. An essential in her daily regimen was the deep caring and concern for those who need it most—the elderly / retired and the young. TC was punctilious with serious matters and always acted with unerring integrity and independence. So, Thelma, I am quite sure you are well on your way. Just see to it my friend you won’t be late for your appointment with St. Peter! Godspeed, dear Thelma!!

...Professor Ileana “Nena” Cruz, former Dean of the College of Pharmacy, UP Manila

Thelma was my CHN teacher, and later, Dean and co-faculty at UPCN: many experiences were shared by us, indeed. I looked up to Thelma because she dared to speak up and stand by principles. In many instances, in various settings and roles, she had done so – I am fortunate to be a witness and even shared some of these experiences. I will miss our deep analyses of events and people affecting the College and Philippine nursing. I will miss her friendship, respect, and support, particularly when things were difficult or challenging. Above all, I will miss the link to history that Thelma provided for the UPCN, UPCNFI, and PNA. For the College, she was the repository of institutional memory. ...Josefina “Peng” Tuazon (former Dean)

She is truly a great loss to the UPCN Foundation and to the College!. She has lived a good life, “she has finished the race”. May the Good Lord bless her soul.

...Remedios “Remy” Lapidez Fernandez, UPCN’67, BSN, MSN, PhD, RN, Dean, Aretiano University Graduate School for Nursing
I will always remember Thelma to be a down-to-earth person who was always very sensitive to people’s feelings especially with student concerns. I remember very vividly an incident in my student life how CARING she was when I took my comprehensive exams at the college. As a PhD student, my goal was to pass the exams so I could start my dissertation writing. On the first day of the exams I had a terrible feeling that I could not explain. I was prepared to challenge the two-day grueling exams but I felt cold, feverish, and restless at that moment, not knowing that I was already being affected by Guillain-Barre Syndrome. To my rescue for that discomfort was no other than Thelma who offered me a jacket so I’d feel better and able to continue answering my exams. This was a part of my life that I felt I was being cared for, I THANK THE LORD for I have met a friend like her ...Carmelita Divinagracia UPCN MN 75, Ph.D 2000, Former President, Association of Deans of Philippine Colleges of Nursing (ADPCN)

We are very saddened at the loss of a very dear and respected colleague and nursing leader. Prof. Corcega had worked with the world Health Organization in advancing nursing education and practice through a number of projects, assisting developing countries in moving nursing forward as a recognized profession with a scientific basis for practice. She will be missed by all ...

...Kathy Frisch, WHO Regional Adviser in Nursing

I’ve never wanted to be a dean but there are times in one’s life when choices made are not always to one’s desire. Being dean is one of them. Looking back, it was, however, one of my most satisfying experiences. This was what you beautifully wrote in a testimonial to Chancellor PSO. The many lessons I learned as an administrator were from your management style. The most important skill I learned from you is to have grace under pressure, as you are an epitome of one who did it with elan. We never had a chance to really say goodbye or for you to tell us in a courageous manner what ailed you. We saw you last Friday at Mam Lou Abadingo’s F.R. consultation. There was no hint that you would leave us so soon. We will surely miss your company as you were present in all our gatherings. You will remain in our hearts forever as the fearless Dean; as someone who loved her friend, Te Layug, so dearly; as one who was always with us in all our joys and sorrows. Farewell, dear Mam. Rest well in the bosom of our Lord and be free now from all your earthly pains, We love you and will always cherish having known you …Joselina “Jojo” Tayag, former Vice-Chancellor for Academic Affairs

THELMA CORCEGA: A CELEBRATION OF LIFE
by Dean Luz Buenavista Tungpalan, UPCN’63, BSN, MAN

On February 23, 2013, we gathered at the Sanctuarium in Quezon City for the UPCN-sponsored necrological service for Thelma Corcega, BSN ’60, former College Secretary and Dean; Professor Emeritus. Among the early birds were Cecile Laurente, Letty Kuan, Cara Anonuevo, Merle Mejico (the officer-in-charge of UPCN, as Dean Cel Balabagno is in Cambodia with Luz Dones), Joji Acop, and Joy (Thelma’s daughter) with her kids, Mikka and Matthew. The chapel was decked with lovely, white flower wreaths - orchids, roses, lilies, etc. The covered bronze casket has an attractive floral arrangement with two framed pictures - one of Thelma and Joy, and the other was the family’s (yes, Thelma is a great grandmother!). To the right was the portrait of Thelma that hangs at the CN conference room, along with portraits of the other deans. To the left was a beautiful picture of Thelma in the 60’s when she was crowned Miss PNA-Chicago.

Friends, colleagues, former students came … the atmosphere was initially somber, the prevailing colors black and white. There were mostly females, but there were a number of males too.

The Mass was celebrated by Fr. Joseph Walter Villamiel (BSN Cum Laude 1992, MA), former faculty of UPCN before he went to Paris for his calling. He belongs to the religious community of Letty Kuan (Notre Dame de Vie) and was ordained in 2010. It was my first time to hear mass with him celebrating and I am very much impressed. He gave a very uplifting homily on death and what it takes to say one has truly lived a good life. The chapel was getting warmer by the minute as it was so full. Guests even had to stay outside.

With Joji Guerrero-Acop as emcee, the tributes/elogies started. UPCM Chancellor Agullo’s piece was read by Dr. Irma Parajas, who herself remembered Matel from the Comprehensive Community Health Project in Bay, Laguna. It was followed by Dr. Marita Tolentino-Reyes, a former UP chancellor. She and Matel were deans during the College of Medicine controversy that literally divided UP Manila. She narrated vignettes of their many exploits (featuring things they loved — food, among others). Retired Prof. Ileana Cruz of the College of Pharmacy, who is very much a part of the group of Thelma and Marita, also spoke. The three became a well known twosome who like to eat and enjoy the good life. Letty’s talk was also a professor emeritus, to take over her teaching load. Letty and Thelma were a twosome who liked to eat and enjoy the good life. Letty’s talk was vintage Letty … she talked of Thelma’s love for her family, her love for nursing and the other good things in life. She said that Thelma truly lived a fulfilled life. And yes, she also loved mahjong!

Mila Cilia-Aserado, a classmate of Thelma, narrated in her inimitable Tagalog verse (truly Balagtasan), how Thelma and her started early together in the same group, chose the same major and described her as one who loved life. Gerry Andambo (Class ’82) narrated how his personal and professional lives were constantly touched by Thelma. Dennis Layug, Te’s younger son, tearfully spoke of Thelma as his second mother. Te and Thelma were best friends at the College. Te passed away sometime in 2005-2006. Jenneth Doria, our Balikbayan alumna (Class ’79), credited Thelma for influencing her to go into Public Health Nursing. Matthew Mark Manlapig, Joy’s son, truly did his grandmother proud. He spoke of Thelma as one who lived for her family and for the UP College of Nursing.

Dean Theodora Ignacio was with us, along with Julie Yabes, Phoebe Cabotaje-Andes, Elorna Elsao-Duque, Vilma Vecera Paner, Cres Castro-Vega, Becky Guerrero Abagon, Raquel Pizana-Cana, Meng Malics-Abaqui, Pearl Gonzales-Po, Lita Guiao, Remy Lapizdez-Fernandez, Cheri Patling-Reyes, Becky Marana-Tan, Myrna Dominguez-Gloria, Te Layug’s children, members of the academe, retirees who had worked with Thelma, and faithful and grateful alumni and many others were present.

I must say they all came because of love [and they showed it] for one who will always be remembered in a very special way…one who touched their lives with her own brand of caring. The initial somber mood did not last. All of us admitted that Thelma is truly one person who lived a quintessential life, if not a charmed life. And she lived it her way. May she find the true and everlasting peace in His kingdom.

Tribute to Thelma Corcega from Her Friends & Colleagues
(Collated and edited by Phoebe Dauz-Williams from many emails received)

Tribute to Thelma Corcega from Her Friends & Colleagues

As we grieve and mourn, we pray for the repose of Thelma’s soul. … We
(Tribute to Thelma Corcega from Her Friends & Colleagues continued on page 7)
Thelma and I shared over 40 years of collegiality and friendship from 1972 to 2013. This essay describes times spent, shared sentiments, and days of working and laughing together. Although she was two years younger than me, we got on so well as if we were born the same year. My belonging to a consecrated life made her comfortable because she was born and raised in a Roman Catholic family. I met and knew her parents and she likewise became a friend to my mother and family. She stayed in my sister’s house in Long Beach where she attended a week-long conference. My pediatrician brother and nephews alternated in bringing her back-and-forth to the convention center. She was “at ease” with my family both in the States and in Dipolog where we went on a vacation spree three times. We visited our family farm in Bolarot, swam in Dakak, imagined Rizal in Dapitan, and slept for long hours in our ancestral place in Katipunan and in our residential house in Dipolog. She had very pleasant memories of these travels and friendship with my family.

As Co-faculty, Friend, Colleague

I met Thelma for the first time in 1972 when I inquired about supplemental studies in nursing at UP. I ended up completing it at St. Paul’s. After my master’s studies in the UPCN, I was invited by then College Secretary, Teodora Ignacio, and Dean Leonor Aragon to join the faculty. This was when my collegiality and UPCN faculty team relationships with Thelma started. It was fun to experience and witness the exciting, high impact intellectual exchanges among our colleagues who had doctoral degrees during our regular weekly faculty council meetings, which remain unforgettable. We continued to reminisce and laugh out loud about these during our post-retirement days.

As a colleague, Thelma was a good team player who batted in practical ideas. She specialized in public health and administration while I specialized in medical-surgical nursing. She specialized on environmental health and utilized her internal strength and common sense to make her ideas clear. She was often very passionate with her ideas that it could have been misconstrued as stating things “in anger.” However, it was her way and we got used to it. We understood that it was imparted in the spirit of academic collegiality so our discussions always ended well and clear. We spent wonderful times dining in good restaurants and drinking coffee in nice coffee shops.

Thelma courageously gave up on taking a comprehensive examination, the last step for achieving a PhD degree, in favor of a WHO consultancy in Public Health in Cambodia and Nepal for two years. She later told me that she needed to work harder to support her aging parents and her child, Joy, who was so dear to her. She was very family-oriented, but kept a strict exigency rather than clemency to her students who could not cope with deadlines. Students were afraid to approach her because she would not meet them with smiles but rather with eyes that demanded quality work.

As Dean of the UP College of Nursing (1993-1996)

Thelma was just coming in from a two-year WHO consultancy in Mongolia when the college went through a period of restlessness and needed a leader who could “calm the typhoon” situation. She was pressured by the faculty and the college to accept the Deanship. Although she did not like to be Dean, she was overcome by her love for UPCN and could not refuse the “pleadings” of the faculty. Foremost in her mind was always the excellence and high quality of education and formation of nurses imbued in all of us by our beloved Founder and Model Nursing Leader, Dean Julita V. Sotejo.

As Dean of the College, she clarified the role and function of the three programs, namely, Teaching Program, Continuing Education, and Extension Services Program, and the Research and Creative Writing Program. She was careful in putting responsible and working heads for each program. With her college secretary, Te Layug, she drew out specific and clear outcomes for each program. I was the head of the Research and Creative Writing Program. We conceptualized and launched the UPCN Newslette and published the Research Bulletin. We also published the UPCN Courier which featured the creative work of faculty and students. The graduate and undergraduate programs were also redefined during Dean Corcega’s term in a way that encouraged many of the graduate students to complete their degrees with courage and perseverance. It was a smooth academic period and the faculty and staff related with collegiality and harmony with each other.

As Co-Professor Emeritus and Co-Retiree

I was awarded the professor emeritus title in 2004. Retiring in 2002, I was invited to join the Board of Nursing, Philippine Regulation Commission (2002-2006). I came back to teach in UPCN only after 2006. Thelma was awarded professor emeritus title in 2006. We teamed up to teach the first freshmen nursing course, a five-unit course called ‘Behavioral Foundations in Nursing,’ which comprised of anthropology, psychology and sociology. As retirees, we made pilgrimages visits to 15 churches and gained indulgences in 2005. We did this with love and devotion to the good God and to our Blessed Mother. She recounted how we spent time, love, and devotion to Dean Sotejo, Miss Ignacio, and the older faculty even long after their retirement years. I continued to extend support to them that time has changed; we have also changed, and so we allow time to change us as long as we hold on to our faith, to our love and devotion to God at all times.

We had several plans to travel because she loved to be with me when I was invited to give talks to sisters and to cause-oriented groups. Together we went to Bacolod, Dumaguete, Cebu, Tagaytay, Tayabas, Baguio, Dipolog, Dapitan, Dakak, and Iloilo. We planned to be in Pampanga with Lita Guiao on March 1 to 4, but unfortunately she passed away. Well, man proposes, but God disposes so we leave all to God. Meanwhile, let us live well, pray much and love much. So Thelma, wherever you may be, just remember you are a part of my biological and Notre Dame de Vie families.

MAMA

By: Mary Micah M. See

To her students and colleagues, she was addressed as “Ma’am or Dean Corcega”, to her friends, she was called “Matel”, to her siblings, she was known as “Ate”, but for us, she was “Mama.” Mama was born on November 22, 1938 in Nagcarlan, Laguna. She is the eldest among the seven children of Amador Corcega and Arcadia Fernandez.

Three years after World War II, her family moved to Caloocan City and settled in a small compound in Dagat-dagatan. Mama went to Caloocan Elementary School for grades 1 to 4 and Lakandula High School for grades 5 to 6. She then went to Torres High School where she graduated with First Honorable Mention. As early as her teenage years, she showed a great amount of determination and potential. She was the only one among her siblings who was able to enter the University of the Philippines. She graduated with a Community Health Nursing degree in 1960.

Mama had many achievements as a professional that were known to many. What was not so well known were her achievements as a family member. Mama lived her life thinking about how to help her family even until her last days. She was a woman of few words, yet very strong-willed. Her being ate was not limited to financial help. She was also a counselor to her siblings and her siblings’ children. Even when she gave birth to her only daughter, Joy in June 1968, she continued to help her family. She helped her parents send their other children to school, & when each already had his/her own family, she continued to extend support to her nephews & nieces. Her siblings grew up fearing her and listening to whatever word she said. Before she became a WHO consultant, she was first consultant to her family members. She was a very good problem solver.

Mama would come home from her business trips with pasalubong for everyone. She had a rule: Kung kanino kakasaya, sa kanya na! I learned from her that whatever I have, I ought to share. This is just one example of Mama’s generosity. She raised us well.

In the 74 years that she lived, Mama really gave it her best. She did what she can to do the best of her abilities. She recognized her limitations and found ways to work through them. Amidst everything she had, she kept her feet on the ground for she knew that she was still a mere mortal, who will one day be
so grateful that Ma’am Thelma made her life count and chose to make of service. No matter how fragile, the gift of life is such a precious gift. I’m many people especially those who had been hugely impacted by her life the late ’70s. She lived such a fruitful life and will be terribly missed by so many lives. …

BSN, MSA, UPNAAI President 2012-2013

Peregrin “Perry” Camilon Francisco, UP-PGH SN’69, UPCN’70, be with all of you as we all remember her good life. She indeed touched on her expertise: Community Health Nursing, CHN. Just last week, she was sought after by colleges of nursing across the Philippines, as a consultant – more, and strongly. …

We salute her for her invaluable contributions to the UP College of Nursing and for having touched our lives profoundly. … Evelyn Chavez-de Castro, UPCN’74 BSN, RN, MSN

Let us join Thelma’s family and the faithful in prayers for the eternal repose of her soul. Now, she had joined hands in ETERNAL HOMECOMING with the LORD, DEANS JV SOTEJO, ARAGON AND RECIO, MISS AGRMA AND DINCON, JOSIE BAYLON AND TE (ESTELA) LAYUG, among the departed loved ones. Thelma will be sorely missed by the UPCN. She was tireless and selfless as a Professor (even in retirement) — a professional and dedicated servant of the UPCN and the UPCN Foundation in various capacities over the years. Daly, she reported like a regular faculty to the beloved college, as she had an assigned faculty load. Parang di nagretire. She was sought after by colleges of nursing across the Philippines, as a consultant on her expertise: Community Health Nursing, CHN. Just last week, she was in Cagayan De Oro. So, until her last week, she was doing what she loved most to do: SHARING AND TEACHING and SERVING WITH DEDICATION. …

So sorry to hear this sad news. On behalf of UPNAAI, please extend our condolences to Dean Thelma Corgeca’s family and friends. Our prayer will be with all of you as we all remember her good life. She indeed touched many lives. … Peregrin “Perry” Camilon Francisco, UP-PGH SN’69, UPCN’70, BSN, MSA, UPNAAI President 2012-2013

I learned so much from Ma’am Thelma while I was a UPCN student in the late ’70s. She lived such a fruitful life and will be terribly missed by so many people especially those who had been hugely impacted by her life of service. No matter how fragile, the gift of life is such a precious gift. I’m so grateful that Ma’am Thelma made her life count and chose to make a difference in the lives of others. As we celebrate Ma’am Thelma’s life, may we rejoice in hope, be patient in tribulation, & be constant in prayer knowing that nothing can separate us from the love of God in Christ Jesus, our Lord – His mercies are new every morning and great is His faithfulness. “Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.” – Leo Buscaglia. …

I had the privilege of sharing a family room with Thelma at UPCN Manila, and being a host during one of her trips here in the US. She was truly a great but humble person! May she rest in peace! … Adriana Dizon Dauz, UPCN’74 BSN, MSN

Perhaps the greatest measure of an educator is the impact he or she makes upon the lives of students. We equate public health nursing with Mam Corgeca, as she advocated for families and communities who needed help beyond hospital walls. Her specialty speaks of her compassion for the poor, the needy, and afflicted, and her competence was focused on how to help them within the framework of a unique profession described as the Healer’s art. In behalf of Class ’79, I express our hope and prayer that the healing balm of our Savior’s love comfort her loved ones and friends in whom she found so much joy. … Jenneth “Jean” Beloy Doria, UPCN’79, MS, RN

We all appreciate Luz’s essay in celebration of Thelma’s life!
MYRNA MATA PIMENTEL
TO RETIRE OR NOT TO RETIRE
By Beatriz E. Brillo, UPCN Class '66

This is the dilemma faced by thousands of nurses especially the baby boomers. For Myrna Mata Pimentel, UPCN class '65.....the answer is NO!

Myrna arrived in the US in 1971 and worked as a pediatric nurse at Hahneman Hospital, Pennsylvania for 2 years. She took the board in 1972 and was the first Filipino nurse in that hospital to pass the board. She got married in 1972, worked part-time for six months and quit to become a full-time wife and mother for 13 years. She became a widow in 1987 and re-entered the work force. Working again after 13 years to say the least was intimidating. She felt like Rip Van Winkle.....waking up to a whole new world of nursing......no more DM but IDDM or NIDDM; no more Kardex but plan of care.......so many things to learn. She said “I never heard of these terms before but with the strong foundation given by our beloved Dean Julita V. Sotejo and instructors.....I was able to learn, adjust and adapt easily as if I never left.”

Myrna is still very active in the nursing profession. For the past 17 years, she has held the position of State clinical coordinator and consultant for the Adult Evaluation and Review Services (AERS) within the Maryland State Health Department. She oversees the work of nurses and social workers based in Maryland’s 24 local health departments. AERS nurses and social workers perform comprehensive evaluations for the aged and functionally disabled adults who may need long term community services in order to remain in the community.

When Myrna first took on this job in 1994, Medicaid long term care resources were still focused primarily on institutional care. The AERS program was primarily involved in evaluating disabled adults seeking admission to a nursing home to ensure that the facility was the most appropriate setting to meet their unique needs. She also assessed individuals aged 65 years and older who were seeking admission to a State psychiatric facility. Over time, with the greater emphasis on serving disabled individuals outside of institutions, the focus of the program Myrna oversees evolved to place greater emphasis on transitioning or maintaining such individuals in the community.

Through these programs, over 4,000 disabled adults have been enrolled and 410 eligible adults have been discharged from institutions to be served in the community, very often in their own homes. This is a source of great pride to Myrna: “I feel great that I’m part of this trend.”

Myrna provided the initial clinical training for case managers, nurses and social workers participating in these two statewide programs. In addition to these two programs, she also provides ongoing clinical support and consultation for four (4) other statewide programs.

As a clinical consultant, Myrna clarifies the role of the AERS nurses and social workers as it relates to the different programs and regulations. She alsofine tunes the clinical application of the different federal and State regulations. She develops procedures and manuals, quality assurance tools and protocols, conducts and coordinates training and in-services for AERS statewide. In her day-to-day work, Myrna interacts with a variety of state and local agencies and individuals: nurses, social workers, physicians, program directors, as well as constituents and their families. She is often called upon to consult on difficult and unusual cases. Together with a facilitator, she travels regularly to the 24 local health departments as part of her monitoring and guidance responsibilities. She enjoys these travels immensely: “I get to see the water and the mountains, and to go places that otherwise I would have only known existed by listening to the weather reports during the worst of winter weathers.” She said she enjoys her job at the Maryland Department of Health and Mental Hygiene and would like to work at least a couple more years.

Myrna was married to the late Dr. Ramon S. Pimentel, Jr., also a UP graduate (1967). Her daughter Patricia is now a practicing naturopathic physician in Brooklyn, New York. Her son, Nicholas, is a graphic designer and co-owns Room 11, a popular restaurant/wine bar in Washington DC. Myrna enjoys her wonderful grandchildren.

DEAN TEODORA IGNACIO

Dean Teodora Ignacio turns 91. Happy birthday Dean Ignacio.

Greetings! Of course, you remember Miss Teodora Ignacio who has taught us well. She introduced us to the art and science of nursing in her Fundamentals of Nursing class. She also became the third dean of the UP College of Nursing and played an instrumental role in setting up the UPCN Foundation.

Dean Ignacio is a very disciplined person with a brilliant mind and an unassuming, gentle presence. I was invited to join the UPCN group going to Bilakayan, Kawit, Cavite for her birthday on November 9, but the group decided that was best to go and greet her a Happy Birthday the day before. Irma Almoneda (Chief Nurse of the Philippine Navy and currently vice president of UPCN Alumni Association) fetched me and we went to join the group at Sotejo Hall in Pedro Gil (Herran). From there, we trailed Lorie Galang’s car and proceeded to Binakayan (a very short and hassle free trip, because of the CAVITEX route). It was even fun passing by the bird sanctuary, because it was low tide and the birds were up and about. The UPCN van, however had to pass by Para-anak for Miss Alma Lara, who is Dean Ignacio’s partner in attending UPCN celebrations.

We had a hearty lunch (brought by the group) and of course, great company, wonderful memories and plenty of laughter. We had fun comparing notes (e.g. Who was in the media? Who had diabetes, and who was doing what and where). Miss Lara had a store of anecdotes about Dean Ignacio’s favorite students. We were seated around the table and the food, and at one point, she asked Thelma about Buenavista. I had left the group for a while and when I rejoined them, Dean Ignacio had her index finger over her lips - moting them to keep quiet. Well, she is 91 years old and even as she walks with a cane, she still has a sharp memory.

Dean Ignacio is doing well. Her back is ramrod straight and she has no sign of difficulty walking despite that she had a hip replacement surgery at PGH about two years ago. The old reliable Talong (her companion for such a long time, but with her back now hunched with age) had gone home to Iloilo some months back but she arrived in Binakayan the day before because “it was Doras’s birthday.” They don’t have a permanent house help now, but they do not see it as a problem at all. What more, Miss Doras still manages to go on her daily walks to keep in shape! Indeed, the Lord has been kind to her.

We had this picture taken before we bade ‘goodbye for now ... and see you again, soon.’ The picture, courtesy of Dean Araceli Balabagno, was taken in front of the Ignacio home. In the picture are the well wishers and the birthday celebrant. From left to right: Cora de los Angeles-Anonuevo; Dean Araceli O. Balabagno, Celia Ruiz de Arana-Llamas, Cecilia Laurente (former dean), Letty Kuan, Irma Almoneda (back), Dean Dora Ignacio, Thelma Corcera (former dean), Luz Buenavista-Tungpalan, Remedios Lapidez-Fernandez, Loretta Cadavillo-Galang and Dr. Alma Lara. Not in the picture is Indihra Reyes, our UPCNAAI/UPCNFI clerk.

Too bad that Ma’am Dora is not able to access the computer. Otherwise, I would ask you to send her your own birthday greetings. Keep well and happy.

God bless you and those you love.

by Luz Buenavista Tungpalan, BSN ’63, MA ’76
UPNAAI presented the first Nurse Scientist Fellowship Award to Lourdes Casao Salandanan, BSN, MSN, RN-BC, FNP, during its 33rd Annual Reunion in Williamsburg, Virginia. The UPNAAI Nurse Scientist Fellowship was established by the Board pursuant to the Association’s mission of fostering professional and personal development of its members through education, research, and collaboration. The Fellowship aims to advance the organization’s role in promoting competency and proficiency in nursing through scientific work, study, and research. The Fellowship also fosters the development and advancement of nurses by providing financial grants, mentorship, and a ready medium to publish their work.

Ms. Salandanan received her Bachelor in Nursing Degree in 1987 from the University of the Philippines College of Nursing and obtained her Master of Science in Nursing degree from Azusa Pacific University. Currently, she is the corporate director of education for Citrus Valley Health Partners in California where she is responsible for enterprise-wide development, implementation and evaluation of programs that develop and foster professionalism and excellence among nursing and non-nursing staff members. Her full bio will be published in the newly upgraded and optimized UPNAAI.org website.

Ms. Salandanan is a PhD in Nursing candidate at the University of San Diego, Hahn School of Nursing and Health Sciences. Her research which she plans to publish in the UPNAAI Nursing Journal, 2013 edition is on the development of a return formula for nurse externship programs. She will be mentored by Dr. Phoebe Dauz-Williams, UPCN’62 BSN, UP’69 MA, MN, PhD, FAAN, Professor & UPNAAI Nursing Journal advisor.

Phoebe A. Dauz-Williams, BSN’62, MA’69, MN, PHD, FAAN receives the 2012 University of the Philippines (UPAA) Distinguished Lifetime Achievement Award trophy from UP President Alfredo Pascual, UPAA President Gladys Tiongco, and UPAA Board Member Agnes Essem Perez on June 23, 2012. Each of the 9 Lifetime awardees had a poster of their work. The trophy and poster were both donated to the UP College of Nursing’s Memorabilia Room.

Dr. Minerva Salinas Guttman is presented with the 2012 JV Sotejo Medallion of Honor Award by Lyvia Mendoza Villegas, Chair of UPNAAI’s Awards and Citation Committee at the 33rd UPNAAI Reunion, Williamsburg Lodge, Williamsburg, VA, August 10, 2012. A feature article on Dr. Guttman was published in the 2012 UPNAAI Souvenir Program & the optimized UPNAAI.org website.

For her dedication in enhancing competency in nursing practice through integration of nursing education and other skills, Dr. Minerva Salinas Guttman BSN’68, MA, M.Ed., Ed.D., RN, APN was awarded the 2012 UPNAAI Names First Nurse Scientist Fellowship Awardee: Lourdes Casao Salandanan.

Congratulations to UPNAAI’s Ruby Jubilarian Erlinda Cruz-Paguio, BSN’72, MA, BC-ANP, CDE for being awarded the 2012 UPCNAAI Most Distinguished Alumna for Nursing in the International Setting at the UPCNAAI Manila reunion on June 24, 2012. Phoebe A. Dauz Williams gave the acceptance address and received the award certificate for Linda. Linda was one of the guest speakers at the 33rd UPNAAI reunion in Williamsburg, VA.

Upfront: Luzviminda Sapin Micabalo BSN’58 - Recipient of one of the four 2012 Presidential Awards categories called “Banaag Award” conferred by Philippine President Benigno S. Aquino III during the 2012 Presidential Awards for Filipino Individuals and Organizations Overseas (PAFOO) awarding ceremony at the Rizal Hall of the Malacañan Palace on Wednesday, December 5, 2012. The Banaag Award is given to Filipino individuals or associations for their contributions which have significantly benefited a sector or community in the Philippines or advanced the cause of overseas Filipino communities. “The Presidential Awards honor distinguished Filipino individuals and organizations overseas, who by their exceptional achievements or humanitarian efforts, have given form and substance to Filipino excellence and the time-honored values of pakikipag-kapwa, pagtutulungan, and pagkakaisa.” (Source: http://2012presidentialawards.cfo.gov.ph/).
Alumni in Action
EDMUND J. Y. PAJARILLO, BSN’79, PHD, RN, BC, CPHQ, NEA BC

Dr. Pajarillo is a graduate of the College of Nursing Class ’79 and College of Public Administration Class ’90. He is the Editor-in-Chief of the Journal of Nursing Practice Applications & Reviews of Research (JNPARR) for 2012 – 2014. JNPARR is the international, peer-reviewed academic journal of the Philippine Nurses Association of America focusing on the development, application, and dissemination of research and evidence-based knowledge relevant to nursing practice, education, administration, and research. The journal is published twice a year, during the Winter and Summer seasons.

Dr. Pajarillo is currently affiliated with Rutgers, The State University of New Jersey, College of Nursing in Newark & New Brunswick as Associate Dean for Faculty Services. He is quite active in local and national nursing organizations. Among many of his professional involvement includes being Chair, Council of Nursing Research of the NY State Nurses Association, Vice-President of Nurses House, and Member of the Content Expert Registry of the American Nurse Credentialing Commission for Nurse Executive, Advanced Certification Program. He was recently appointed Board Member Auxiliary, New York State Board of Nursing, from 2013 - 2018. He is an Advisor to the UP Certification Program. He was recently appointed Board Member Auxiliary, President of Nurses House, and Member of the Content Expert Registry of the Chair, Council of Nursing Research of the NY State Nurses Association, Vice-organizations. Among many of his professional involvement includes being Dean for Faculty Services. He is quite active in local and national nursing education, administration, and research. The journal is published twice a year, during the Winter and Summer seasons.

THELMA F. CORCEGA - Poem by Mila Cifra Aserado
FEBRUARY 20, 2013

Nang ako’y sabihang gagawa ng tula
Akoy nagulatang at napulotula
Tulang likhain ay para kay Thelma
Di ko lang kaklase kundi amiga pa.
Totoong mabigat “assignment” na atang
Anong kalahad kabiibig tunay?
Manghikas isulat katanggaling taglay
Utak ko ay sahal, diwa man ay tulang

Magmulang mapasok “Nursing” na Colegio
Kabiibig Thelma lagi lang kagapilya
Di lang parehong “C” aming apelyido
Magkaparis pa rin lipat sa kanya “PHN”

Malimit mawika aming yumaong “Dean”
(Dean J.B. Sotejo)
Pupiling pili niya sa dunong ay husto
Kaya nang humirang Dekana ng Colegio

Ang “Nursing Leader” istriktang igan ko
Ugali ay simple, payak at dalisay.
Basta lasa’y ayos hindi tatanggihan.
Hindi siya maselan pagka’t di pihikan
Mga “restaurant” ang hilig kainan
Pagkaing masarap kanya hanggang
Mga “restaurant” ang hilig kainan

Ang kanyang kaluluwa nawa’y
Sama-sama tayong taos manalangin.
Sa mga narito, ang tangi kong hiling
Gawang mag-entertain siya’y maligaya.
Lalo’i balikbayahan ang mga bisita
Libong kasyahan kanyang nadaruma.

Mahilig umawit kabiibig Thelma
Madalas humuni saan man mapunta.
Bumutasunghaling rin “aria” ng opera
Kundi sa aawit, kaw ay tatawa.

Sa mga kakaran, di maaunahan
Lalo’i larong “mahilig” ang pag-uumpukan.
Kahit magdamagan ay handlang humatal
Kahit magdamagan ay handlang humatal
Mahusay maglalaro, kalaba’y talaman.

Pakoa bigwa iniyong kahinaan
Mga “restaurant” ang hilig kainan
Hindi niya naa rin ang marangyang buhay
Ugali ay simple, payak at dalisay.
Hindi mapagahanap mahahalagay bagay
Medaling masyahuan anuman ang alay.

Biga mong pagganan kami ay nagimbala
Hindi madalas ana ang dahilan?
Matindi ang dakong na iyong iniwan
Sakibi ng lusay sa puso ay talajay.

Malaking kawalan ang iyong pagganan
Yaan ay likha malalim na guwang
Sa ating colegiong tumulong magiginyan
Ang mga bakas mo may tika mailwan
Mga kaklase mong iyong iniwan
Lalo pa si Milan mga pulo’y kasma
Iyong kaagapay hinap at ginawa
Di ko maapakan niya

Sa mga naito, ang tangi kong hiling
Sama-sama tayong taos manakengan.
Ang kanyang kaluluwa nawa’y
Sama-sama tayong taos manakengan.

L-R: Cecilia “Cecile” D. Alvarez ’77, Former UPCN Dean Josephine “Peng” Tuazon ’77, & Jesusa “Toots” Santa Barbara Czach ’79

MAGGIE ONGKIKO, BSN’73
RHODORA MALIGALIG, BSN’72
LUZVIMINDA RODRIGUEZ, BSN’72

UPCNAI Alumni served at the Hospitalite De Notre Dame De Lourdes in 2012. Photo taken after the morning mass.

UPCNAI PRO, is an alumna in action, literally. She is former chair of the PNAA Research Committee and current member of the PNAA Archives and Research Committees. Cecile is Immediate Past President and Education Committee Advisor of PNAUJ, Bergen Subchapter. She teaches part time at Fairleigh Dickinson University and is Adjunct Faculty at Case Western Reserve University. She participates in EBP projects and research. She has published in peer-reviewed journals. She wrote the Patient Satisfaction section on the latest edition of the Encyclopedia of Nursing Research. She shares her expertise as a speaker on various topics in hospitals, schools, and local PNA affiliate chapters. She teaches Religious Education on Sundays in her parish. Those are just her “extracurricular” activities. Her regular job is Director of Nursing-Informatics and Clinical Services at the NYU Langone Medical Center. Her current areas of coverage are areas she recently just focused on and outside of her “comfort zone.” She says, “What comfort zone?” She continues to challenge herself. This is reflected in the broad range of areas in nursing that she handles on a regular basis-clinical, administration, research and education.

Cecile was speaker at the UPNAAI 30th Annual Reunion in August 2009. She spoke on “Leadership Journey: Caring for Self, Caring for Others.” She received the Nurse Researcher of the Year award from the Philippine Nurses Association of America in July 2011. She was just honored as 2013 NY/NJ Nurse.com Nursing Excellence regional Finalist in the Patient and Staff Management category. She shares her honors with the UPCN faculty from whom she learned a lot. She shows her gratefulness by regularly bringing books to the college and doing “balik-turo.” She practices what she learned and believes in what Goethe once said, “Knowing is not enough: we must apply. Willing is not enough; we must do.”

THELMA F. CORCEGA - Poem by Mila Cifra Aserado

Palakalibigan ang aming dalaga
Gawang mag-entertain siya’y maligaya.
Lalo’i balikbayahan ang mga bisita
Libong kasyahan kanyang nadaruma.

Mahilig umawit kabiibig Thelma
Madalas humuni saan man mapunta.
Bumutasunghaling rin “aria” ng opera
Kundi sa aawit, kaw ay tatawa.

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Ang mga bakas mo may tika mailwan
Mga kaklase mong iyong iniwan
Lalo pa si Milan mga pulo’y kasma
Iyong kaagapay hinap at ginawa
Di ko maapakan niya

Sa mga naito, ang tangi kong hiling
Sama-sama tayong taos manakengan.
Ang kanyang kaluluwa nawa’y
Sama-sama tayong taos manakengan.

L-R: Cecilia “Cecile” D. Alvarez ’77, Former UPCN Dean Josephine “Peng” Tuazon ’77, & Jesusa “Toots” Santa Barbara Czach ’79

MAGGIE ONGKIKO, BSN’73
RHODORA MALIGALIG, BSN’72
LUZVIMINDA RODRIGUEZ, BSN’72

UPCNAI Alumni served at the Hospitalite De Notre Dame De Lourdes in 2012. Photo taken after the morning mass.

L-R: Maggie Ongkiko BSN’73, Rhodora “Dors” Maligalig BSN’72, Agnes (volunteer), Luzviminda “Ching” Rodriguez, BSN’72, & Ed (volunteer).
PHOTO GALLERY: 33rd Annual Reunion
August 10-11, 2012
Williamsburg Lodge, Williamsburg, Virginia, USA
“Exploring and Preserving a Legacy of Excellence”
BREAKEFAST SEMINAR – AUGUST 10, 2012

REMEDIOS L. FERNANDEZ'67  DR. FRANCISCO S. SY  JOSEFINA ANGELES TUAZON'77  ERLINDA CRUZ PAGUIO ’72  GLORIA AMAYUN SMITKA ’69  MARLON GARZO SARIA’98
LYVIA MENDOZA VILLEGAS’68  AWARDS PRESENTATION DURING UPNAAI’S 33rd BREAKFAST SEMINAR  J.V. SOTEJO MEDALLION OF HONOR 2012  MINENVA SALINAS GUTTMAN’68

2012 BREAKFAST SEMINAR PARTICIPANTS  MERLE FLORES BORREÑO’67 & BREAKFAST SEMINAR PARTICIPANTS  AT THE SOUVENIR PROGRAM DESK

LUNCHEON REUNION & ROLL CALL OF CLASSES – AUGUST 10, 2012

FLORESINDA S. CASTELO’50 & EMY GELUZ GOODRICH’74  CLASS ROLL CALL: THERESA LIBORO ABAD’81 & JESUSA SANTA BARBARA CZACH’79  PERRY CAMILON FRANCISCO’69 PRESENTING SPECIAL AWARDS

MARLENE CATAYLO CHANCE’75  UPCN DEAN ARACELI BALABAGON  FLORESINDA S. CASTELO’50 WITH DEAN CEL  LUNCHEON REUNION  VENDORS’ TABLE
LUNCHEON REUNION & ROLL CALL OF CLASSES – AUGUST 10, 2012

Class 1979 & 2 from Class 1969

Class 1960

Class 1969

GALA DINNER & DANCE – AUGUST 11, 2012
Membership Committee Report

Welcome Aboard - 67 Alumni Joined UPNAAI, An 11% Increase in UPNAAI Membership
BY JESUSA “TOOTS” SANTA BARBARA CZACH’79

(from January 1, 2012 - February 15, 2013)

NEW LIFE MEMBERS (59)
1. ABADUAN, YALDA, GN’66, BSN’69
2. ABRAHANO, LINDA TOLENTINO, GN’67 VA
3. ALBERTO, MARILYN, GN’60
4. ALEGRE, DOROTHY, GN’68, BSN’69
5. ALCOAT, CYNTHIA EPPLEY, GN’69, BSN’72
6. ALDABA, MARILYN LEDIG, GN’69
7. AMBRIZ, ENRIQUETTE, GN’67
8. ANAYAN, FLORENCE, GN’69, BSN’70
9. ANAYO, ESTHER, GN’69
10. AQUINO, ELSA AURILLO, GN’68 MD
11. ARELLANO, JANNETTE, GN’67
12. ARZADON, TESS, GN’70
13. ASAM, LUCIA, GN’67, BSN’70
14. ASH, MARILYN, GN’67
15. ATLANIE, FERDINAND, GN’67
16. BAUTISTA-BALTAZAR, GLORIA, GN’69 BSN’70
17. BAUTISTA-BARTON, GLORIA, GN’69
18. BAUTISTA-CLARK, GLORIA, GN’69
19. BAUTISTA-DE LA CRUZ, GLORIA, GN’69
20. BAUTISTA-NOYES, GLORIA, GN’69
21. BAUTISTA-NORIEGA, GLORIA, GN’69
22. BAUTISTA-SUAREZ, GLORIA, GN’69
23. BAYLIS, ROBERTA, GN’69, BSN’70
24. BERNAL, MARILYN, GN’69
25. BERNAL, MARILYN, GN’69
26. BERNAL, MARILYN, GN’69
27. BERNAL, MARILYN, GN’69
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57. BERNAL, MARILYN, GN’69
58. BERNAL, MARILYN, GN’69
59. BERNAL, MARILYN, GN’69

ANNUAL MEMBERS (8)
1. ARZADON, TESS MANON-OG, MS’92
2. BALTAZAR, GLORIA BATARINA BSN’77
3. BARBOZA, NORMA, GN’69, BSN’70
4. BARRIO, MARILYN, GN’69
5. BERNAL, MARILYN, GN’69
6. BERNAL, MARILYN, GN’69
7. BERNAL, MARILYN, GN’69
8. BERNAL, MARILYN, GN’69

FINANCE
Treasurer’s Report by Iren B. Roldan, BSN’69

Total Balance - 12/31/12 = $120,075 (Combined Operating, Wishlist, PGHSN’69, Journal and Savings Accounts)

Donations during UPNAAI 33rd Reunion –Williamsburg, VA
PGHSN’69 Legacy Fund (C/O Gloria A. Smitka) $3,800
Total funds as of 1/19/13 $10,771

Donations To CARF  (Calamity & Assistance Relief Fund)
Total = $3,450 given to August 2012 Flood Victims

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UPNAAI NEWS
Batch News and Activities
LOOKING BACK AT THE UP PGH SN CLASS 1962 GOLDEN REUNIONS
by Boots Mayol, Pearl Miranda & Delia Delarama
UP-PGHSN Class of 1962

After months of thoughtful preparation, our Golden Anniversary reunions in the United States and in the Philippines came to an end. We also proudly published our own Yearbook.

Thirty-one (31) of us went to our first reunion in Virginia in August, 2012. We joined the other alumni for the UPNAAI 33rd Annual Reunion. As Golden Jubilarians, we were expected to present special numbers for the occasion and we did. We chose to sing our class song “Greenfields” and our rendition of “Those Were the Days My Friend,” changing the lyrics to tell a story of our student days at the Nurses’ Home. The song delighted the audience specially those who had the same experiences.

Most of us stayed for another three days of bonding at the condo of Josie and Billy Sabile. We went home thinking and looking forward to our reunion in the Philippines.

Seventeen (17) of us joined the twelve (12) alumni in the Philippines who hosted the affair. Most of us stayed at the Century Park Hotel. As we met and rejoiced seeing each other again, the camaraderie and the lifelong friendships came rushing back.

We toured PGH and met with Dr. Manuel Agulto, the Chancellor; Dr. Joe Gonzales, the Director; Miss Imelda Mangaser, the Assistant Director for Nursing Services, and all her staff; and Mrs. Adel Mendoza, President of the PGHSNAA. We ended up with a photo-op at the ‘Nurses Home,’ dressed in our Golden gowns to recreate our line-up during our Welcome ball. We felt nostalgic, at the same time felt sorry for the current state of the Nurses Home. It was one of the most elegant buildings of UP Manila before, but it is currently in a run-down condition and in need of major repair. This justified our decision to donate and motivate others to start a renovation fund. Climax of the day was the Manila Bay Cruise where we dined and watched the picturesque beautiful sunset.

During the UP-PGHSNAA annual reunion, we saw and mingled with other alumni whom we have not seen for a long time. We sung the songs we rendered in Virginia, once again transporting the audience back to ‘Nurses Home’ days. Our spouses who have been very supportive in every reunion joined us in another song, “Bayan Ko.” No matter where our journeys take us, we always think of our homeland. To cap it all, Jane Negre Sta. Ana got the Distinguished Alumni Award and Delia Delarama, the Mother of the Year Award.

Our celebration also included tours to Tagaytay, Corregidor, Manila, and the malls at Greenhills and Makati. We spent a day at our classmate’s resort in Laguna (Jun & Jane Abacan) and feasted on lanzones, big guavas and other sumptuous dishes. We even had karaoke and a mahjong session. We visited the “Kubo Camp for Christ” established in Silang, Cavite by Del & Jane Sta Ana. We planned to visit the orphanage managed by classmate, Sr. Sol Umale but she was not available at that time. It was amazing how our bodies endured the hectic schedule.

Looking back at the events and the wonderful memories of our celebrations, we wish, and we will strive to have more reunions. Life is a gift—fragile and unpredictable. We therefore need to savor each moment, appreciate one another, and everything “for the past is history, tomorrow is a mystery and today (the present), is a gift.” We realize the decreasing number of attendees at some class reunions and we hope that other celebrating classes would consider going home for their reunions. It was truly a priceless experience for us.

UP-PGHSN CLASS 1955
By Erlinda Aragones-Moore

Members of this class travelled from the US, Canada & the Philippines along with their spouses and celebrated their reunion mainly in Las Vegas, Nevada. A day was devoted to traveling to the Grand Canyon in Arizona, with the experience treading the glass bridge as one of the major highlights in this trip! Activities included a lot of exciting visits to the Red Rock Canyon, Hoover Dam, the Gondola rides, tour of Las Vegas by day & night, and show at the “O” Theatre. The finale culminated at the home of Charito Mariano, an event where everyone experienced the camaraderie of this dynamic group. There was a short meeting that discussed the plans on attending the 2015 Grand Reunion in the Philippines as Diamond Jubilarians.
THE UPCN’62 GOLDEN GIRLS
by Molllyn Villareal Bohnen, UPCN Class 1962

Anticipating our 50th Jubilee, Class 62 enthusiastically plunged into planning mode at a gathering on October, 2011 in Roxita, Niida (Gragera) and Manuel Garcia, and Adoracion (Salcedo) and Alberto Acuna hosted the attendees that included Erilda Agustín-Simunek, Marilnex Nolasco-Luna, Evelina dela Paz-del Cruz, Elvira Prieto-Martin, Carmelita Reyes-Montinola and Molllyn Villareal-Bohnen. As we often do we socialized, bonded and played mahjong. However, we also broke off into serious planning discussions on class presentations at the UPNAAI gatherings in Williamsburg and Dilmán as well as the class donation to UPCN. Veni Jamir joined us by SKYPE from Cavite. Dance practice sessions with a professional instructor were organized by Niida. Videos to practice with at our home computers were put together by Manny Garcia & Dennis Simunek. Meanwhile, across the Pacific, Josefina Macaraeg-Sison was representing our class at the University Alumni planning committee meetings.

True to form, e-mails exchanged among the classmates during the next seven months showed arguments over yearbooks, write-ups and what to wear. Just when no solutions were forthcoming, the university actually came out with the required dress. Celebrants wore black gowns with different color panuellos-silver, red, gold and white, representing the years since graduation from UP.

From the USA, Molllyn was joined by Bing Martin, Lex Luna, Adoracion Acuna, Lety Lantican and Phoebé Williams. Philippine-based classmates Lina Aguilar-Cabangit, Finan Canave-Ferrer, Josefina Macaraeg-Sison, Edna Sinocruz-Gaffud and Constance Titon-Sliao attended the JVS Lecture Series at UPCN, the University of the Philippines Grand Reunion at the Bahay Ng Alumni Ballroom in Dilmán and the UPCN Alumni Homecoming at The Orchard Hotel. We were proud that our very own Phoebe Dauz Williams was one of the Lifetime Achievement Awardees.

Often at these gatherings, classmates go on trips to renew acquaintances and catch up. Prior to the actual celebrations, the classmates drove north to visit the shrine of our Lady of the Rosary at Manaoag in Pangasinan. Classmate Concepcion Mendoza-Manapat was unable to attend the Manila reunions so she decided to treat us to a remarkable home-hosted breakfast buffet at her family’s hospital in Pampanga. We didn’t realize we could eat so many different Filipino breakfast items in a seating. Everything was delicious. Culturally, celebrations without food are incomplete. Josie welcomed us with dinner at the elegant Sofitel Hotel. Bing, Doodlos, Lex and Molllyn gave a luncheon for the class at Kaiseki at the Fort. Ellen Palaffox-Yu who was in mourning over the loss of husband Charlie just days before hosted a mass and grand seafood buffet after the UPCN homecoming on June 24th.

Charlie was instrumental in the successful celebration of our Silver Jubilee 25 years ago and will be greatly missed. The Manila celebrations concluded with gourmet food at the Baguio (it is really in Itugon according to Pinky) home of Pinky & Ricardo Ferrer.

The golden girls in black gowns with golden panuellos looked glamorous as they received their golden medallions and certificates from the U.P. president and as they sang at the UPCN Homecoming. The same outfits exuded class at the UPNAAI Reunion in Williamsburg, Virginia. Bing, Lety, Molllyn & Phoebe were joined by Merseia Balibalos-Ancheta, Ebot, & Ester Bigornia-Guiao at the UPNAAI celebration. They formed the background for Phoebe, Bob (Molllyn’s husband) and the Ancketas (Merseia & Rene) as they conveyed our hopes and dreams in their musical renditions.

The golden jubillarians wore beautiful golden T-shirts (a gift from Lety, Josie & Connie Silao) at the rol call of classes. The UPCN insignia loomed proudly in University of the Philippines colors (maroon, green & gold) centered with a golden background. The historical Williamsburg Lodge was a grand locale for a dinner celebrating the 2012 Sapphire Jubilee has an added significance—its a celebration of an illustrious journey of their alma mater are quite a long, long time for Forty-five years since passing through the portals of their alma mater are quite a long, long time for the alumni of UPCN Class of 1967. That is why their 2012 Sapphire Jubilee has an added significance--it is a celebration of an illustrious journey of their lives.

During the year, there were many mini Sapphire reunions around the country, in Los Angeles, Diamond Bar, and Las Vegas. The kick-off celebration started with the Class group tour of the Philippines. Their exciting travel to many places of interest will be greatly missed. The Manila celebrations started with the Class group tour of the Philippines. Their exciting travel to many places of interest. During the year, there were many mini Sapphire reunions around the country, in Los Angeles, Diamond Bar, and Las Vegas. The kick-off celebration started with the Class group tour of the Philippines. Their exciting travel to many places of interest will be greatly missed. The Manila celebrations started with the Class group tour of the Philippines. Their exciting travel to many places of interest will be greatly missed. The Manila celebrations started with the Class group tour of the Philippines. Their exciting travel to many places of interest will be greatly missed. The Manila celebrations started with the Class group tour of the Philippines. Their exciting travel to many places of interest will be greatly missed.
The class has always been a cohesive group. Their affection for each other is certainly admirable and their unity and cooperation, exemplary. Because of these, the class was recognized by their college and colleagues. It was recipient of the “Service to Alumni Award,” presented with the “U.P. Carillon Memorabilia” for contributions to the development of alma mater and a great partner of UPCN, cited with a “Certificate of Appreciation” for support of the Faculty Endowment Fund, and the “UPCN Diamond Jubilee Outstanding Class for Professional Achievement.”

Although most are retired or retiring, none of them are sitting on their laurels. They continue to confront new challenges as they traverse a new dawn, a new day and perhaps a new beginning. Indeed life goes on, that these lines of Lea Salonga’s song are apropos: “What a journey it has been, and the end is not in sight, but the stars are out tonight, and they’re bound to guide my [our] way.”

As I end, I would like to borrow the words of my Mama from her speech at one Nursing oath taking event: “…to me this is what excellence is all about, giving your best and developing to the fullest God given potentials and capabilities—a gift that we all received. Excellence, however, must be accompanied by wisdom. Wisdom is knowing who you are not and what you cannot do, a realization of your limitations…”

(This is an excerpt. The full article will be published in the UPNAAI.org website)
Batch News and Activities

SILVER JUBILARIANS: CLASS 1987


CRystal jubilarians – CLASS 1997


CLASS ’68 - 2013’s SAPPHIRE JUBILARIANS by Nati Matitu-Mercado, GN’68, BSN’69, RNC

818-894-5142 • Natifom1@aol.com

July 31: Welcome Reception at Lyvia & Rudy Villegas’ place in Irvine, CA. Dinner-Show at the California Wok in Cerritos, CA.

Aug. 1: Southern Orange County / Newport Beach Mini Cruise in the morning, then lunch at the Montage Resort in Laguna Beach. Dinner at Disney Walk.

Aug. 2: Breakfast Seminar with UPNAAI at Hyatt Regency in Garden Grove. Delia Reyes, our classmate, is one of the speakers & will talk about her vision that evolved into a multi-disciplinary & collaborative diabetes clinic. This will be followed by the UPNAAI luncheon & roll call at the same venue. Fe Castillo-Brazal will present a special number at the roll call of classes.

Aug. 3: Dinner Dance at Hyatt.

Aug. 4-to 10: (Sunday to Sunday) Post Reunion tour to the Canadian Rockies. This tour is open to all the alumni attending the 34th reunion. We’ll fly round trip from LAX to Vancouver and the tour bus will pick us up from the airport to the hotel; the tour starts the next morning from British Columbia to Alberta down to Calgary. We will be seeing Banff, a state-wide national park. It is summer but we’ll be walking on the glacier in Columbia Ice Field.

This is one of the most beautiful scenic tours one could ever have. If there are enough participants starting from Hyatt, I will arrange with the travel agent to have a bus pick us up from Hyatt Hotel to LAX. I will send out details of the trip as soon as the travel agent is able to get a specific price which will be available after the 3rd week if January.

Please contact me for any questions. This tour will also provide CEU’s approved by the BRN & UPNAAI Education Committee for participants.
After the very successful and memorable 33rd UPNAAI reunion in Colonial Williamsburg, Virginia and bidding goodbye to fellow attendees who waited for rides to the airport, 37 of us boarded the bus for a tour of Southeast cities and sights. For five exhilarating days, we explored new places, developed new friendships and acquaintances and gathered new educational information while enjoying jokes and singing. This is the third post reunion tour organized by UPNAAI’s very dedicated Nati Matitu-Mercado ’68, ’69. Alumni from ’60, ’66, ’67, ’69, ’72, and ’77 bonded very well with Nati’s ’68 classmates. With spouses and family members, the group was indeed a good mix.

Our days always started with thank you and safe-trip prayers, an information and orientation from our tour guide, followed by sing-a-longs and joke-sharing. Yuupp, we learned to sing Black Eye Peas’ Today is Gonna Be A Good Day (a take from their signature song) and was inspired by the life story of its Filipino-American member, aple.d.aap. And wow, the jokes! Many of our travel buddies should seriously consider a second career as standup comedians. With the appropriate permission, perhaps, I can post the jokes that I videotaped.

Our tour started in Williamsburg, Virginia, a historical city which witnessed the creation of USA democracy and then on to Virginia Natural Bridge. It’s a marvel - a freeway crossing the bridge! The Vanderbilt’s Biltmore Estate in North Carolina, was impressive. This is the largest private home in America with an eight thousand acre garden in French and English style. Camote tops, talong and ampalaya were grown in the garden! We attributed this to a Filipino gardener. We took in the beauty of nature as we drove through the Blue Ridge Mountains and the country roads. In Tennessee, the Smoky Mountains was even more exciting when we spotted black bears from a distance. In the resort town of Gatlinburg, we sampled Southern cuisine and toured a moonshine distillery. The adventurous among us juggled in a bit of moonshine and then enjoyed Bluegrass music. We got more Southern exposure at Dixie Stampede Show, a Dolly Parton production. We missed her, though. The Lookout Mountain in the border of Tennessee, Alabama and Georgia is a major destination. We enjoyed its many attractions - The Lost Sea, Incline Railway, Ruby Falls and Rock City. In Atlanta, we learned how news is broadcasted in our CNN tour, saw Soledad O’Brien with her up-to-the-minute news forecast but were not given privy to the secret Coca-Cola formula in our Coca-Cola tour, darn! True to the UPNAAI spirit, our tour met UPNAAI objectives. While fellowship and camaraderie among alumni and their family was strong, we got a superb presentation from Delia Reyes ’68 on the practical management of diabetes, a top disease among Filipinos. Our tour group also raised funds to add to UPNAAI’s donation to the Sendong flood victims. Huge thanks to Nati, Delia and to Marlon Saria ’98 for arranging our CEU units and much thanks to all four participants for sharing their “joie de vivre.”

Nati is again coordinating a tour of the Canadian Rockies after the 34th reunion in Anaheim next year. Make plans to join her group for another ligaya at samahan… the UPNAAI way!

SPECIAL TOPICS:

Family Nurse Practitioner: Unique Provider in Primary Care and in Collaboration with Physicians

by Marlene Cataylo Chance, FNP, BC, MSN, PhD, EJD

Prior to my visit to Manila in June, I asked former Dean and Professor Josefinia (Peng) Tuazon if there was an interest in my topic for a seminar at the UP Manila College of Nursing. Through her facilitation and networking efforts, I received a formal invitation to speak from the UPCN Dean Araceli Balabagno. Merle Mejico, the head of the Continuing Education and Community Services Program, coordinated and organized the program with the assistance of the UPCN Faculty and staff, and within two weeks, a formal seminar was arranged and scheduled for July 4, 2012 from 2:00- 5:00 PM at the UPCN Conference Room.

There were about fifty participants that included the UPCN Dean, faculty, undergraduate and graduate students, PGH staff, a few classmates, and invited friends. My didactic presentation involved the evolution of the Family Nurse Practitioner (FNP) role as a unique provider in primary care, the concept of collaboration and collaborative practice, the forces that helped shape the collaborative partnership of Nurse Practitioners (NPs) and physicians in the primary care setting, barriers, and strategies for collaboration success, significance of NP-physician collaboration in health care, NP outcome studies on evidence-based quality care, and finally, the value of the NP in health care reform. The discussion on both collaboration and the advancement of the nursing role brought about the greatest interest in the audience. An interactive forum that lasted over an hour followed my presentation with timely, relevant, thought-provoking, and highly significant questions on advanced practice nursing. The participants’ enthusiasm, attentiveness, and eagerness to learn inspired me the most.

Professor Tuazon announced that formal NP education is currently being discussed by policy makers and academic experts in the Philippines, and that an advanced practice major in the clinical specialist track was already available. The issue of collaboration was brought up by many, as well as the serious concern for the traditional hierarchical, egalitarian, physician-dominated medical system in the Philippines. Many were inspired and awed by an invited guest, Athena Ramirez, a nurse from Tacloban, who flew to Manila just for the seminar. Her vision is to empower nurses to bring holistic health care to every Filipino in need of nursing services right in their homes. She shared her experience as a founder of Caring Frontiers Nursing Service, with a mission to make nursing services available to Filipinos who need them the most, empower the nurse and uplift the level of the nursing profession in the Philippines.
UPCN Lectures 2012 held on February 9, 2012. The event was well-attended by the UPCN faculty, alumni, and students.

UPCN & Dr. Felicitas dela Cruz-Millman
Dr. Felicitas dela Cruz-Millman visited UPCN on March 7, 2012 to meet with Dean Araceli Balabagno, Dr. Josefina Tuazon, & Dr. Tejero regarding a joint research project on hypertension among Filipinos. Dr. dela Cruz-Millman donated a $1000 grant as seed fund for the project.

Jean Beloy Doria, MS RN, Class ’79
During one of Jean’s humanitarian trips to the Philippines last summer, she had the opportunity to present a short seminar on ‘Relevant and Innovative Teaching Strategies’ to the UP College of Nursing faculty on June 13, 2012. Its goal was to focus on the nurse’s educator role in enhancing learning in didactic and clinical settings through effective teaching strategies. One of the strategies presented was the use of the Alternative Matrix System to innovatively present case histories (Priddy, 2011). She emphasized that teaching strategies need to be meaningful and should be integrated with the course objectives. When used effectively, teaching strategies enhance the student-teacher connection, enhances learning, improves retention and makes learning a fun process.

Jean is a George and Delores Eccles Fellow and is a member of the Sigma Theta Tau International Honor Society and Golden Key Honor Society. She is currently pursuing her DNP at Chatham University. She is actively involved in IHHELP (Improving Health, Housing, Education, and Livelihood of the Poor in the Philippines), a non-profit foundation based in Utah.

Marlon Garzo Saria
Marlon Garzo Saria, is a neuro-oncology nurse researcher and president of PNA San Diego. He was among the speakers at the Oncology Nursing session at the The Emirates Oncology Conference held at Emirates Palace on November 8, 2012 at Abu Dhabi, United Arab Emirates (UAE). Marlon spoke on ‘Oncologic Emergencies, Tyrosine Kinase Inhibitor (TKI) symptom management, and Radiation therapy in Breast Cancer.’

Hosted by Tawam Hospital and in collaboration with the Abu Dhabi Health Services Co. (SEHA), the conference brought together international, regional and local specialists in cancer research, treatment and care to discuss and debate the latest advances in the field. An invited audience of more than 700 surgeons, physicians, nurses, and other healthcare professionals from the UAE, the Cooperation Council for the Arab States of the Gulf otherwise known as the Gulf Cooperation Council (GCC), and the Middle East attended the three-day conference.
Chapter’s Corner

UPNAAI visits Colonial Williamsburg, Virginia, Aug. 10-11, 2012
By Perry Francisco ’69, President,
UPNAAI & DelMarVa Chapter

As graduates of the University of the Philippines, we are very rich in history – academic, political, natural, etc. The 2012 UPNAAI Reunion made a different kind of history in its 33rd Annual UPNAAI Reunion – US history and UPNAAI organizational history.

For the first time in UPNAAI’s organizational existence, the Colonial Williamsburg, VA was the site of celebration. The newest and youngest UPNAAI Chapter, the DELMARVA Chapter, hosted the Reunion under the oversight of 2nd VP Carmina Bautista (Chair-Program Committee) & UPNAAI Treasurer Iren B. Roldan (Co-chair-Program Committee). The UPNAAI Founding President, Mrs. Flor Castelo, braved the coast to travel to honor the occasion with her presence, together with Dean Cel Balabagno of UP College of Nursing, Immediate Past-Dean Peng Tuazon and Dean Remy Fernandez of Arellana College of Nursing and proud jubilarians. The second to the highest attendance by UPNAAI alumnae, their families, and friends added to the excitement of the weekend.

All of the activities had a huge number of participants. The teamwork of Marlon Saria, 1st VP and Chair Education, Gloria Smitska, Linda Pagulo, Mely de Leon and other members of the Education Committee, made the educational session a record success of 123 attendees and kept with the Theme of “Exploring and Preserving a Legacy of Excellence”.

The joyous luncheon and class roll-call brought in 245 attendees to renew their friendship and exchange long, lost, fun memories. Many did not recognize each other. After an update and state of UP CN report by Dean Cel Balabagno, every class showed their talents and updated the crowd of their accomplishments and contributions to the nursing profession. Nursing truly made a difference in this world of healthcare. By the roaring request of the crowd, the star of the luncheon event was the “Stand-Up Comic Relief” by no other than Mrs. Flor Castelo. She brought the house down. Many classes gave up part of their allowed time just to hear her tell her nursing/life stories.

The highlight of the event is the Gala Dinner with its 337 attendees, dressed to impress and dance the night away. Chato Ansay and Mady Rivera took the task of keeping everything going, from eating, dancing and fundraising. UPNAAI and the generous alumnae raised money for scholarship, specific class funds and designated projects at the Philippine General Hospital and the UP College of Nursing, including natural disaster relief.

Jesus “Toots” Santa Barbara Czach, 3rd VP, Chair-Membership Committee took pictures and talked with everyone to engage them and encourage them to become members. Since January until the gala night, many of those attendees and graduates joined to become members of UPNAAI. From January to August 31, 2012, 51 alumni joined UPNAAI as members (43 Life & 8 Annual), an 8% increase in life & annual membership within an 8-month period.

The whole weekend refreshed our spirits of being UP graduates, dedicated to excellence and focused at making a difference in our family and community. Many more are reaching out to their classmates who missed this opportunity of fun. They want to be there and be counted at the 34th UPNAAI Reunion at Anaheim, CA on Aug. 2-3, 2013. Visit the UPNAAI.org website to see pictures of your classmates and test your cognitive ability by identifying them. Iren Bobis-Roldan, UPNAAI Treasurer, will oversee this event. UPNAAI needs everyone to make this another event to remember.


American Special Children’s Pilgrimage Group participant sponsored by the Knights of Columbus of Dumont, NJ on January 19, 2013.

PNA-NY Biennial Induction and Awards Gala Night: UP-EC was recognized on September 22, 2012 at the New York Hilton Hotel. Notable attendee was Consul General Mario de Leon.

UPAA-NJ’s Biennial Celebration: UP-EC was recognized on November 18, 2012, Hilton Woodbridge Hotel. Other notable attendees were Consul General Mario de Leon, Consul Zaldy Patron, and Seton Hall University President Dr. Gabriel Esteban.

UP-EC Activities after UPNAAI 33rd Grand Reunion: Lakad Tulong First Aid Responder for the Annual 5k Run/Walkathon October 6, 2012 Sponsored by Handang Tumulong Foundation, Inc., to benefit the victims of disasters and calamities in the Philippines and elsewhere.

“Homecoming Sa Konsulado” at the Philippine Consulate New York City October 13, 2012. One of the organizers: the event can be seen in You Tube - University of the Philippines Nurses of the East Coast ‘Homecoming sa Konsulado.’ The affair was organized by the different colleges/universities in the Philippines for networking opportunities, wellness program, and dual citizenship application awareness.

Journal/Book Drive update - Donation of 1 Ballikayan box full of nursing books/journals was received last November 2012 by the UP College of Nursing.

Scholarship Monetary Donation of $1000 to UP College of Nursing for Leadership Training of Nursing Students.

“Panunulyan” (replacement of Simbang Gabi) Co-sponsor with the PNA-NJ at the Philippine Consulate New York City on December 7, 2012 to experience the traditional Philippine Christmas celebration abroad.

Annual Christmas Caroling to bring joy to a community of hospital patients at Mt. Sinai Queens in Astoria, New York on December 9, 2012.

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UP-EC Sping Fling on May 4, 2013 at the Park Avenue Christian Church, New York City, NY. (please also see Calendar of Events)
34th Reunion: Search for the 2013 Awardees

IN SEARCH: THE 2013 J.V. SOTEJO MEDALLION OF HONOR Awardee

The UPNAAI Awards and Citation Committee announces the search for distinguished UP nursing alumna/alumnus for 2013. We encourage all UP nursing alumns to nominate deserving candidates. The awardee will be honored during the 34th UPNAAI annual reunion to be held on August 2, 2013 at the Hyatt Regency Orange County, Garden Grove, CA.

The J.V. Sotejo Medallion of Honor was established by UPNAAI as its highest and most coveted award to recognize nursing alumni who embody the ideals espoused by J.V. Sotejo, Principal, UP-PGHSN, founder and first Dean, UP College of Nursing. The recipients’ names are specially recorded in UPNAAI’s official archives. UPNAAI will continue to honor these awardees by publishing their names and accomplishments in the organization’s souvenir Yearbook every year. They will be part of UPNAAI’s history, and clearly the pride of their alma mater. Since 1993, nineteen awardees have joined the JVS Hall of Fame.

The J.V. Sotejo Medallion of Honor Nomination Criteria and Requirements:

Criteria:
1. Must have attained a significant and innovative contribution to the nursing profession including lifetime achievements of the nominee within the past decade. (20%)
2. Must have attained national and possibly international prestige which has brought honor and distinction to the nursing profession, university, and country. (30%)
3. Must have rendered a unique and selfless service to the country and humanity. (50%)

Requirements:
1. Must be a UP nursing alumna/alumnus and a member of UPNAAI.
2. The recipient must be able to accept the award in person during the UPNAAI annual reunion and be prepared to give a talk on a subject of his/her choice.

The Nomination process:
1. The nominator must be a member of UPNAAI.
2. A letter of nomination must be addressed to: Lyvnia M. Villegas, Chair, Awards and Citation Committee e-mailed to fullrose@icox.net by the April 30, 2013 deadline
3. The nomination letter must include a brief introduction about the nominee and a justification from the nominator’s perspective based on the three criteria.
4. The nominator will submit the following attachments:
   a. The nominee’s detailed justification of the criteria
   b. A recent colored photo (jpg) of the nominee
   c. Nominee’s CV

THE SEARCH FOR THE 2013 UPNAAI SCHOLARSHIP Awardee

UPNAAI is offering a $1000 Scholarship Grant to be awarded to qualified alumni or children of alumni who are active and registered members.

The award is intended to support basic, advanced education in nursing or certification towards advanced practice. The award will be presented at our annual reunion on the first Friday of August 2013. Please write UPNAAI to request for an application form and for additional information. Board members and their children are not qualified for the scholarship grant during their term of office.

Recipients of the award will be selected based on the following criteria:

Active involvement/service 40%
Academic qualities 30%
Personal/professional qualities 30%

Submit completed application forms on or before June 15, 2013 to: Marlon Garzo Saria, BSN’98, MSN, RN, AOCNS Chair-Education Committee Email: mgsaria@ucsd.edu

THE SEARCH FOR THE 2013 NURSE SCIENTIST FELLOWSHIP Awardee

The UPNAAI Nursing Journal is offering a $1000 Nurse Scientist Fellowship Award based on the following criteria:

Nominee must be an UPNAAI member pursuing research activities with intended completion within 12 months of receiving the award. The research will be published in the UPNAAI Nursing Journal. The UPNAAI Nursing Journal will have exclusive rights for the distribution of the completed manuscript.

The submission deadline is May 31, 2013. For more information, please contact: Josie Villanueva, BSN’67, MA, RN-BC, NE-BC, Chairman of the Editorial Board at JPHINES1@AOL.COM
recognition of a U.P. nurse for achieving a notable breakthrough, for unique and meaningful contribution to the nursing profession, and more importantly, for selfless service to country, and humanity.

Aby presided by Flor Sion Castelo’50 (UPNAAI’s Founding President), andEMY Geluz Goodrich’74 as emcees, assisted by Jesusa “Tots” Santa Barbara Czach’74 and Theresa “Tates” Liboro Abd’81, the luncheon and the “Roll Call” that followed were utterly hilarious. It started with a really good lunch, then came the awaited moment when each one could speak to fellow U.P. grads about oneself, about others, about the class and had fun doing so. Their jokes and some odd out the cuff remarks by Flor Castelo brought the house down in an explosion of laughter that was heard from a distance. With attendance exceeding expectation, the afternoon session was another achievement for UPNAAI.

The morning of August 11 was focused on UPNAAI business. The traditional Chartership Meeting to discuss current issues and future activities was amply attended by the directors, officers, chapter representatives, & guests. Meanwhile, other alumni, their families and guests, took the opportunity to tour Williamsburg and neighboring Jamestown and Yorktown. They marveled at the historical sites and enjoyed exploring local restaurants for a taste of Virginia delicacies.

Attended by second to the largest number of alumni, the Gala Night was a lavish culmination of the reunion. The queue started early at the entrance of the hotel’s grand ballroom, an ornate setting with its high ceilings and bright chandeliers. Resplendent by Joy Mendoza Grande, Marilou Torres Lacson, & Jean Beloy Doria, Class 1979

Class 1979 recently lost a beloved member in Virginia Reyes Galindo. A beautiful description of Virgie from the yearbook stated, “Sweet, simple, and charming but astonishingly loaded with vitality, determination, and zest. Always a crammer...works by fixed intervals...resolved to change each semester but never succeeded. With a fine sense of humor but can be corny as a c-o-r-n. Admits she is a full-vegetarian, never gave up on HOPE with her strong faith. She never gave up on HOPE with her strong faith. She didn’t want to give up and up until the very end, she prayed for a miracle because she still wanted to witness the birth of her grandchild, her daughter’s graduation, and most of all, to see her son, Eric, graduate from his nursing program.

Virginia “Virgie” Reyes Galindo, BSN’79

by Joy Mendoza Grande, Marilou Torres Lacson, & Jean Beloy Doria, Class 1979

We celebrate Virgie’s life – the daughter, the sister, and above all, the dreamer and the fighter. Virgie leaves us a legacy of a life well lived.
## 2013 Calendar of Events

### January
- 12 Board of Directors’ Meeting, Iren Roldan’s Residence + Teleconference
- 31 Nomination Deadline - UP Alumni Association (UPAA) Distinguished Alumni Awards 2013

### February
- 09 Board of Directors’ Meeting, Teleconference only

### March
- 09 Board of Directors’ Meeting, Lyvia Villegas’ Residence + Teleconference
- 31 Nomination Deadline - UPCNAAI Alumni Awards 2013

### April
- 09 UPCN’s 65th Foundation Day
- 30 J.V. Nomination Deadline - Sotejo Medallion of Honor Award
- 13 Board of Directors’ Meeting, Lyvia Villegas’ Residence + Teleconference
- 30 Nomination Deadline - J.V. Sotejo Medallion of Honor Awardee

### May
- 11 Board of Directors’ Meeting, Lyvia Villegas’ Residence + Teleconference
- 15 Submission Deadline – UPNAAI Nursing Journal’s “Call for Manuscripts”
- 31 Submission Deadline – 2013 Nurse Scientist Fellowship Awardee

### June
- 01 Submission Deadline – 2013 Souvenir Program Ad
- 15 Submission Deadline – 2013 UPCNAAI Scholarship Awardee
- 08 Board of Directors’ Meeting, Lyvia Villegas’ Residence + Teleconference
- 18 University of the Philippines Foundation Day
- 20 33rd Dean Sotejo Memorial Lecture, UPCN Auditorium, Sotejo Hall 9-11AM
- 22 University of the Philippines General Alumni-Faculty Homecoming & Reunion, Luciano E. Salazar Hall, Ang Bahay ng Alumni, UP Diliman Campus, Quezon City
- 23 61st UPCN Alumni Homecoming, AFP Commissioner Officers’ Club, PHils., 2-6PM
- 30 Submission Deadline: Call for Posters

### July
- 13 Board of Directors’ Meeting, Lyvia Villegas’ Residence + Teleconference
- 15 Postmark Deadline: Early Bird 2013 UPNAAI Reunion Registration
- 30 Nomination Deadline – UPCNAAI Alumni Awards 2013
- 31 Nomination Deadline – J.V. Sotejo Medallion of Honor Awardee

### August
- 2 & 3 UPNAAI’s 34th Reunion
  - Hyatt Regency Orange County, Garden Grove, CA
  - Theme: “United in the Quest for Growth”
  - Aug. 2 - UPNAAI Annual Luncheon/General Assembly; GENERAL ELECTION (UPNAAI’s Board of Directors 2014 - 2015)
  - Aug. 3 - Board of Director’s Meeting, Hyatt Regency, Garden Grove, CA

### September
- 14 Board of Directors’ Meeting, Lyvia Villegas’ Residence + Teleconference

### October
- 12 Board of Directors’ Meeting, Lyvia Villegas’ Residence + Teleconference; ELECTION OF OFFICERS - UPNAAI Board of Directors 2014-2015

### November
- 09 Board of Directors’ Meeting, Lyvia Villegas’ Residence + Teleconference

### December
- 14 Holiday Get-Together, Venue TBA
- 18 UP Diliman Lantern Parade
- TBD PGHSNAA Reunion

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UPNAAI
University of the Philippines Nursing Alumni Association International
c/o Iren Bobis Roldan
26931 Fort Apache Circle
Lake Forest, CA 92630

**ADDRESS CORRECTION REQUESTED**

The UPNAAI News Magazine is published annually during the winter season.

UPNAAI’s Yearbook is published annually in July prior to the August reunion. Please mail any correspondence to the UPNAAI address above. Additional contact information are available at www.upnaai.org. Any tax-deductible donations should be made payable to UPNAAI. UPNAAI, Inc. is a non-stock corporation registered under the laws of the state of California. UPNAAI is an approved Continuing Education Units (CEU) provider by the California Board of Registered Nursing.