UPNAAI ELECTS THE 2014—2015 BOARD OF DIRECTORS


During UPNAAI’s 34th reunion, its members elected the seventeen (17) members of the Board of Directors for 2014-2015. The Chair of UPNAAI’s Nomination & Election Committee, Maggie Ongkiko, BSN’73, announced the names of the newly elected members of the board at the Chapters’ breakfast meeting on Saturday, August 3, 2013. Forty percent (40%) of them are from CA while the remaining sixty percent (60%) are from the following states: FL, NJ, NM, NV, MI, TX, & VA. At the dinner dance that Saturday evening, Dr. Araceli B. Balabagno, MN’71, PhD, Dean of the University of the Philippines Manila College of Nursing, duly inducted the new UPNAAI Board of Directors.

On Saturday, December 14, 2013, during the board meeting in Irvine, CA, the Nomination & Election Committee conducted the election of the officers of the board. The new board unanimously elected Jesusa “Toots” Santa Barbara Czach (CA), BSN’79 as UPNAAI’s 17th President, which she graciously accepted. She was the immediate past 3rd Vice-President and Chairman of the Membership Committee for 2012-2013. The other elected officers are: Dr. Edmund JY Pajarillo (NJ), BSN’79, 1st Vice-President & Chairman of the Education & Research Committee; UPNAAI’s 15th President, Emerita “Emy” Geluz Goodrich (CA), BSN’74, 2nd VP & Chairman of the Program Committee; Gloria Amayun Smilka (VA), GN’69, BSN’70, 3rd VP & Chairman of the Membership Committee; Marlou Torres Locson (CA), BSN’79, Recording Secretary; UPNAAI’s immediate past president Perry Camilon Francisco (VA), GN’69, BSN’71, Correspondence Secretary; Iren Babis Roldan (CA), BSN’69, re-elected as Treasurer; and Marilyn Ubaldo Boots (CA), BSN’73, Auditor. Elected as board members are the following: Theresa Liboro Abad (NJ), BSN’81; Zayda Bulala Aberin (CA), GN’67; Dr. Marlene Cataylo Chance (FL), GN’75, 2013 JV Sotejo Medallion of Honor Awardee; Evelyn Gonzalez Mclaughlin (CA), BSN’76; Erolinda Cruz Panguio (VA), BSN’72; Carmen Perez (MN), GN’69; Ida Robillon Santos (NV), GN’68; Lachme Trivilegio Sullesta (NM), GN’68; and Susan Vicencio-Garaygay (TX), GN’68.

During Jesusa “Toots” Santa Barbara Czach’s tenure as the 3rd Vice-President & Chairman of the Membership Committee for 2012-2013, UPNAAI experienced a 13% surge in membership, a gain of 76 life members and 7 annual members. By the Aug. 2013 reunion, UPNAAI’s membership reached a total of 705 members (698 life members and 7 annual members). Toots Czach expresses her profound gratitude to those who contributed to the success of UPNAAI’s 2012-2013 membership recruitment initiative. Since joining the board in 2009, Toots Czach remains an active class 1979 coordinator and has served UPNAAI in various positions.

Saturday, August 3, 2013 Hyatt Regency of Orange County, Garden Grove, CA. UPCN Dean Araceli Balagano, Florencia Castel (UPNAAI’s First President) and guest speakers Luz Barbara Dones (UPCN Professor & Head, Teaching Program) & Imelda Mangaser (Deputy Director for Nursing, Philippine General Hospital) with the UPNAAI Board of Directors, Advisors, Consultants, and Chapter Representatives from UPNC-EC & DELMARVA at the Chapters’ Breakfast Meeting.
Nursing, a unique and trusted profession, started from very humble beginnings over two centuries ago with caring for the sick as its defining role. From the apprenticeship of James Derham, a slave who earned his freedom using the money he earned working as a nurse in 1783 to the establishment of nursing practice utilizing the Nightingale model in the 1860’s (Laupus Library, 2010), nursing transitioned to a profession that required formal training and education. Licensure and registration for nurses were put into place in the early 1900s, followed by the creation of a standard examination or State Board and a standard curriculum for nursing schools. World War II drove the need for nurses who complied with an accelerated nursing curriculum. Since then, our nursing profession has steadily evolved in great strides to meet the ever changing needs of society and the growing complexity of the healthcare system. With such growth comes the responsibility to reshape, redefine, and readjust our profession’s rudder to effectively trudge through the challenging healthcare course. No longer are nurses confined to carry out bedside care but are now expected to lead and collaborate with other healthcare practitioners to provide quality care anchored upon evidence-based practice. Gone are the days when nurses are simply bound to the walls of hospitals or clinics. We have actually commandeered into homes and communities where clients are nursed back to health or taught about preventive measures to improve their quality of lives. In short, the reach of our nursing profession has far exceeded its grasp. In what way, we might ask?

The world is now our microcosm as technology has connected peoples and countries in ways never ever witnessed or experienced before. With such advancement comes enhanced nursing influence to participate in decision-making not only within our departments but also in organizational, national, and global systems for pertinent health care and quality of life issues. This makes cultural competence a crucial component of nursing care. It is imperative for nurses to break barriers that hinder the effective caring of sick individuals whose values and health practices differ from the norm. When calamities and natural disasters all around the world become typical challenges, as experienced during typhoon Katrina in the US and typhoon Yolanda in the Philippines, critical health issues affect not only those particular areas but they also trigger global concerns.

As pandemics such as H1N1-barre influenza hit regions of the world, nurses are needed to assess and critically appraise evidence that would reduce the risks of acquiring and transmitting illnesses globally. We can no longer afford to just think about problems that occur during our workshift or issues that affect our immediate surroundings. As nurses we are expected to utilize leadership and collaboration skills to drive change not only in our practice but also among people of different backgrounds, color, language and culture. We need to critically think of ways that we can effectively heal, teach, and foster health and well-being at all levels of care among different people who espouse diverse values, beliefs, and health practices. We can participate in community and global efforts to help in disaster programs and policy making that can improve lives. In short, we need to harness the power of our reach not only across a person’s lifespan but more so across systems and nations where our personal and professional preparation could make so much difference in the lives of individuals and families.
President’s Message

JESUSA “TOOTS” SANTA BARBARA CZACH
BSN ’79, RN, CCRN
UPNAAI President 2014-2015

BREAKING DOWN BARRIERS FROM THE INSIDE OUT

“For we are God’s workmanship, created in Christ Jesus to do good works, which God prepares in advance for us to do.” — Ephesians 2:10 (NIV)

Do you know that you are a Masterpiece? God is the MASTER and you are a PIECE of His purposes for the earth. You are His Masterpiece! Individually and collectively, we are God’s Masterpieces, part of the bigger picture of what He is doing. You and I are like pieces of a puzzle and every piece has immense value. The value of each piece of a puzzle is dependent upon its connection with the other pieces. When we’re connected, our value intensifies; something beautiful, dynamic, and life-giving happens—all the more so if we are compelled by love. Love can break down barriers from the inside out, barriers that hinder us from discovering, developing, & deploying our God-given purposes in life as God’s Masterpiece.

I am greatly blessed & truly grateful to be a piece of the University of the Philippines Nursing Alumni Association International, Inc. (UPNAAI) puzzle ever since I was requested to serve as a board member and UPCN 1979 class coordinator in 2009. Since then, I’ve cherished the years of active involvement with UPNAAI. UPNAAI is a thriving, growing, loving, & giving community of nursing alumni from the University of the Philippines who share a common bond; who treasure camaraderie & friendship; who love to give back to their Alma Mater for the excellent education they’ve received; who understand the power of love, honor, community, and volunteerism; who strongly desire to impact the next generation & leave a lasting legacy of excellence in the different arenas of life including nursing leadership.

It is my heart’s utmost desire that my service to UPNAAI, its members, our UP Nursing family, & others will bring glory to God. I am called to serve and I am here to serve you wholeheartedly to the best of my abilities. To the newly elected officers & members of the UPNAAI Board of Directors 2014-2015, I extend my heartfelt congratulations. I am deeply honored & humbled by your vote of confidence in me—thank you so much for trusting me in this position as UPNAAI President. With the Lord’s amazing grace, I trust that, together, we will be able to accomplish everything that we’ve purposed in our hearts to do and bear much fruit. With God, nothing is impossible (Luke 1:37).

As UPNAAI President, I humbly submit to you my aspirations and goals for 2014-2015:

1. Pursue academic excellence through continuing education, research, networking, publication, & service.
2. Increase UPNAAI’s life and annual membership by at least 6% from January 2014 to December 2015.
3. Unleash UPNAAI’s potential for growth & development through Chapter Formation and Representation.
4. Create and/or update Policies & Procedures as well as other guidance & governing documents to strengthen UPNAAI’s foundation; subsequently, these documents will be published on the UPNAAI.org website to boost UPNAAI’s transparency.
5. Organize & archive important UPNAAI records, publications, and other relevant documents to increase UPNAAI’s sustainability.
6. Develop and implement a strategic plan to foster a seamless leadership transition through succession planning & creating a framework to facilitate the transfer of critical & relevant explicit and tacit knowledge held within the previous leadership & other influential relationships to enhance UPNAAI’s longevity & viability.
7. Build & develop a healthy & highly effective leadership team with a holistic organizational perspective that’s geared towards delivering the highest quality service with integrity, fulfilling UPNAAI’s strategic priorities while managing finances conservatively, & finding solutions or creating & implementing strategies that best serve the organization, its members, UPCN, & the community through:
   • Shared purpose, direction, priorities, plan of action, metric-driven strategic plans/measures of success, goals, and/or values
   • Adhering to the highest standards of professionalism, ethics, stewardship, commitment, personal responsibility, and accountability
   • Implementing effective communication processes that facilitate problem solving, decision-making, and conflict resolution
   • Utilizing & mobilizing team members' technical, functional, leadership, management, critical thinking, communication, & interpersonal skills as well as their other competencies e.g. business acumen, strategic agility, creativity, ability to adapt to rapid change, & their high degree of emotional intelligence
   • Working collaboratively as a unit with a high degree of trust and respect, a clear understanding of the big picture and the specific roles and decision-making authority of each team member/leader

With an immensely grateful & a highly expectant heart, I so look forward to the next two years believing that the Lord will crown 2014 & 2015 with His awesome goodness - His paths drip with abundance (Psalms 65:11).

This year’s reunion theme is “Global Leadership: Breaking Barriers.” To effectively break down barriers in global leadership, we must first diligently work on breaking down the barriers in our own lives especially in the areas of character, honesty, & integrity, which, in my opinion, are the core of effective & highly impactful leadership. Let us aspire to do the right things even when no one is watching; let us help build the skills and talents of others and share our knowledge & expertise generously allowing others to become partners in the process and outcomes. Let us do whatever it takes within moral and ethical bounds, without compromising our character and integrity. Let us consider the ramifications of our decisions and take responsibility for the good, the bad, & the ugly. Let us strive to be courageous, blaze new trails, and not dwell on why something can’t be done—instead, consider how it can be done. Let us overcome leadership myopia by being intentional about balancing time we spend managing tasks and connecting with others.

Leadership has so many facets: vision, respect, experience, emotional strength, discipline, personal capabilities, effective interpersonal skills, momentum, timing, & others. To be effective, leaders require so much seasoning. We can all grow in our ability to lead & nearly all the skills of leadership can be learned & improved, a process that doesn’t take overnight. Let us strive to become empowering & transformational leaders by developing a strong sense of purpose, identity, security, empathy, compassion, stewardship, & a godly perspective.

We have an incredible potential to make a difference in our corner of the world, to do something more heart-oriented, something we have a passion for. What do we have to offer? More than we probably think. Whatever season of life we’re in, we remain God’s Masterpiece. We have the potential to move to the highest level of professional and collective effectiveness when we’re able to break down barriers from the inside out. Why watch others break down barriers and change the world? Let us join them. 😊

“And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.”

Colossians 3:17 (NKJV)
Membership Committee Report

Welcome Aboard - 40 Alumni Joined UPNAAI from January 1 - December 31, 2013

BY JESUSA "TOOTS" SANTA BARBARA CZACH BSN'79

13% Increase in Life and Annual Membership
from January 1, 2012 to December 31, 2013

12% Increase in Life Membership
from January 1, 2012 to December 31, 2013

TOTAL LIFE & ANNUAL MEMBERS AS OF 12/31/2013: 705
(698 Life Members + 7 Annual Members)

Total Life Members gained from Jan. 1, 2012 to Dec. 31, 2013: 76

Membership Gain: 1/1/2012 - 12/31/2012:
43 New Life + 8 New Annual Members

Membership Gain: 1/1/2013 - 12/31/2013:
33 New Life + 7 New Annual Members

Total Life Members as of December 31, 2011: 622
Total Life Members as of December 31, 2012: 665
Total Life Members as of December 31, 2013: 698

NEW LIFE MEMBERS (33)
1. ABRAJANO, LINDA TOLENTINO, GN'67 VA
2. ALIGNAY, MARILYN SIMON, BSN'79 MD
3. ANDRES, PERLA LOPEZ, GN'61 ON
4. AQUINO, ELISA AURILLO, GN'68 MD
5. AQUINO, NORBERTO C., GN'67, BSN DE
6. AREVALO, JOSEFINE L., ASSOCIATE PA
7. BARILEA, EMILIA, GN'63 NY
8. BARZAGA, ALEXANDRA ANTONIO, GN'75 FL
9. BERSAMIN, ANASTASIA LUCERO DIRECTO, GN'62 VA
10. DAVID, MARY ANN BARRIENTOS, BSN'75 VA
11. DELIMA, ESTELITA NUEVARAMOS, GN'57
12. DE LOS REYES-DE GUIA, SONIA, BSN'79 CA
13. DEL ROSARIO, CRISTETA VALDEZ, GN'69 NY
14. DENHAM, DAISY TANSONGCO, GN'69, BSN VA
15. DOLAR, EMMA DINE, GN'63 MA
16. DORIA, JENNETH BELOY, BSN'79, MS UT
17. GADIOMA, MARIA ACHACOSO, GN'48 CA
18. GADIOMA, ROSEMARIE, BSN'81, MSN NY
19. GOTO, JULIE ILLUMIN, GN'69, MSN, NP VA
20. IMPERIO, AIDA ARCIBAL, GN'71 VA
21. LEGASPI, MYRNA ESTARES, GN'75, BSN'78 CA
22. MENDOZA, MERLITA LACSON, GN'57 VA
23. MIRANDA, ELISA AMURAO, GN'65, BSN'70 VA
24. MONTANO, LORETO MAGALINDAN, GN'60 VA
25. NEJATI, ESTRELLA BIRALDE, GN'69 IL
26. PARNISOTHORN, ERLINDA DESEO, GN'63 CA
27. ROGERS, LORNA BOBIS, GN'58 CA
28. SABLE, JOSEFINA FERNANDEZ VESCOZO, GN'62 VA
29. SANTOS, VLADIMIR BORJA, MD, ASSOCIATE NV
30. SUEDE, GLORIA ESPOLONG GN'59 VA
31. SULLESTA, ELENA R. I., GN'38, CPHN NM
32. SULLESTA, OTONIEL, ASSOCIATE TX
33. VILLA, FELINDA MARIANO, BSN'68 CA

NEW 2013 ANNUAL MEMBERS (7)
1. APOSTOL, ELENA SANTOS, BSN'73 NJ
2. FRANCISCO, LIDA DE MANUEL, GN'63 CA
3. GARCIA, LOURDES LARANANG, GN'63 NY
4. MARAPAO, LORETA LAGOS, GN'63 WA
5. VICENCIO-GARAYGAY, SUSAN, GN'68 TX
6. VILLAREAL, CHARINA V., BSN'70 CA
7. YING, BELINDA REYES, GN'68 CAN

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32. SULLESTA, OTONIEL, ASSOCIATE TX
33. VILLA, FELINDA MARIANO, BSN'68 CA

FINANCE
Annual Financial Report Calendar Year 2013

by Iren B. Roldan, BSN'69
UPNAAI Treasurer 2010-2015

Prior Balance 1/1/13 = $120,075
Balance as of 1/1/14 = $139,004

Account Details:
Operating Accounts: $32,420
Journal: $9,971
Wishlist Account: $26,510
GN'69 Legacy Fund: $16,141
High Yield Savings: $53,962

Donations Given: 2013
BSN'72 Class Fund donation for UPCN SAP Fund $4,530
UP Nursing Wish List Fund * - for UPCN SAP Fund $4,400
UPNAAI donation to Phil. RED Cross (Haiyan) $3,000
Nursing Class '68 for Multi-Purpose CR Renovation $1,500
UPNAAI donation for Preceptorship/Chemotherapy & Biotherapy Seminar - UPCN Faculty & PGH Nurses $2,700
A. Candelaria - Oxford Travel - Thesis Presentation $330

Donations during UPNAAI 34th Grand Reunion (California)
UP-NEC for Student Assistance Program (SAP)* $1,000
GN’63 Class Fund c/o V. & J. Raymundo $3,250
Lourdes H. Garcia, BSN ’58 for SAP Fund* $2,000
Eladia C. Coligado, BSN ’58 for SAP Fund* $1,000
Josefina Z. Garbes, BSN ’68 for ’68 Class Project $2,000
Ida R.Santos, GN’68 for ’68 Class Project $500
GN’68 Class Fund c/o Nati Mattiu-Mercado $1,775
Dula F. Pacquiao, BSN’68 for ’68 Class Project $300
Minerva S. Gultman, BSN’68 for ’68 Class Project $200
BSN ’73 Class Fund c/o Maggie Ongkiko $3,800
Belen C. Leung, BSN ’69 for Class Project $300
Evelina R.Velasco, BSN ’69 for Class Project $100
Evelyn G.Gacosta, BSN ’69 for Class Project $500
Marie D. De Guzman, BSN’81 $60
Agnes E. Estraza, BSN’79 $100
Aida A. Império, GN’71 $500
Phoebe Andes, BSN’50 $100
Maria Gadioma,GN’48* $200
Floresinda S. Castelo,GN’50* $200
Highlights & Profiles

2013 Message for UPNAAI’s 34th Annual Reunion

DEAN ARACELI O. BALABAGNO, MN’77, PhD’00, RN

I bring greetings to UPNAAI on its 34th Annual Reunion and Celebration, from the UP Manila College of Nursing (CN) and the Philippine General Hospital (PGH) Department of Nursing Services.

I am proud to report to our alumni selected accomplishments, future goals, and recent events at the CN.

The CN and the PGH Department of Nursing Service launched the project on the development of the nursing specialty tracks for the PGH nurses. Fifteen head nurses and chief nurses are enrolled in the program. The goal is to prepare nurses for beginning level of advanced practice in adult health nursing by the end of the school year.

We see an increase in enrollment in the MA and PhD nursing programs. It is within this context that we work for faculty development programs. The university supports the faculty complement through the UP Visiting Professor Program and Senior Lectures. There is a need for us to increase the number of faculty with PhD.

The CN supports the UP Manila thrusts to transform UP as research-intensive university. Current funds for the research activities of CN comes from UP Manila - NIH, UPN Research Dissemination Grants, CN Professorial Chairs, & Alumni Research Funds. We feel that we should do more in publication. In our recent report for the UP Internal Academic Assessment Development System (IAADS), it is in the area of research that we need support for improvement.

The year 2013 marked the 65th Foundation of the College of Nursing. The April celebration included the inauguration of the Audio-Visual Room donated by the UP-PGH5N Class 1968 and the Symposium on Health Promotion. In June, visiting Professor Dr. Rosanno Locsin gave the well-attended JVS Lecture on “The Complexity of Care in a Technological World”. The Francisco Mamaril and Aurora Pizana Mamaril Professorial Chair for Mental Health and Psychiatric Nursing Research was also launched.

The CN works with the Professional Regulations Commission Board of Nursing (PRC-BON), the CHED Technical Committee for Nursing Education (TCNE), the Philippine Nurses Association (PNA), and related agencies for the RoadMap 2030 for good governance and the National Nursing Core Competency Standards (NNCCS) implementation. In 2013, the CN joined hands with nursing organizations for the national training of nurses in education and service on the use of the NNCCS.

The CN continues its role as WHO Collaborating Center (WHOCC) for Leadership in Nursing Development with its redesignation for 2012-2016. The CN was also designated as Secretariat of the Asia Pacific Emergency and Disaster Nursing Network (APEDNN) for October 2013-September 2014. This is chaired by Former Dean, Dr. Josefina A. Tuazon. The work involves coordinating APEDNN work for WHOCCs of the Western Pacific Region and South East Asia Region. The secretariat was passed on to CN from the WHOCC of James Cook University, Cairns, Australia. The CN team coordinated the APEDNN meeting in Bangkok, Thailand in September 2013.

The Cambodian Nurse Bridging Program (CNBP) from Associate Nursing Degree to Bachelor of Science in Nursing with the University of Health Sciences, Phnom Penh, Cambodia was launched February 2013. The two-year project (February 2013-December 2014) is supported by WHO Cambodia. Prof. Luz Barbara Dones will take over as Project Director for CNBP in 2014.

To everything there is a season and a time for every purpose under the heaven (Ecclesiastes 3). We had joys and moments of sadness as well. We mourned the passing of former CN Dean Thelma F. Corcega on February 20, 2013. She was also the treasurer and adviser of the University of the Philippines College of Nursing Foundation, Inc. (UPCNFI). The CN misses her – a teacher, colleague, expert, adviser, & friend. Her students in nursing administration and community health nursing miss her.

Moving forward involves cooperation and teamwork. For this, I am thankful to the university administration, faculty, the ever supportive administrative staff, alumni, students, and friends. We look forward to the upcoming activities: curriculum updating, faculty development, further program in simulation training, student support for their lounge renovation and financial help for some needy students, next level college accreditation, and preparations to co-host the East Asia Forum of Nursing Scholars (EAFONS) for February 2014.

The CN appreciates UPNAAI’s contribution for the calamity and relief funds, visits, lecture updates, book donations, and alumni sponsored projects. In everything, we work together, we nurture students and each other, we open our hearts to compassion and we honor God.

Last November 2013, we had a wonderful time with Mommy Flor Castelo when she and her family visited the CN. Also in November, Prof. Lydia T Manahan, College Secretary, was appointed as the new Director of the Human Resources Department of UP Manila.

I will be ending my 3-year term as CN dean. I am thankful for the opportunity. We welcome incoming CN Dean, Dr. Lourdes Marie Tejero, who took her oath of office on January 23, 2014. Mabuhay CN!

To UPNAAI, MABUHAY!

PAVING THE WAY FOR A NEW UPNAAI CHAPTER IN TEXAS

By Susan Vicencio-Garaygay, GN’68, BSN’70

On October 26, 2013, Grace Guillermo, Nikki Stiffin, and Dolly Sanares-Carreon met at Susan (Palis) Vicencio-Garaygay’s residence in Houston, Texas to talk about the possibility of forming an UPNAAI chapter in Texas. With a list of UPNAAI members from the PGH School of Nursing and College of Nursing, provided by Jesusa “Toots” Czach, they were able to figure out who can possibly come and meet in Houston and who may need to be contacted via snail mail.

The next get-together was held on Dec. 14, 2013 at a popular Filipino buffet restaurant. The group expanded from 4 to 6 when Virgie Chan and Maria Fiecas joined in. They certainly enjoyed the luncheon of traditional Filipino dishes.

At their third get-together held on January 11, 2014, they were delighted when Eula Alamiriano, Gie Bono, Elvie Ferrer, and Mara and Tony Mills came to join them. Needless to say, plenty of “walking down memory lane” dominated the conversation. Amidst all the excitement, the business of establishing an UPNAAI chapter in Texas was not forgotten and they are very optimistic that this will come into fruition soon!

Groundwork for the Texas Chapter Formation:
First Group Photo taken on January 11, 2014 in Houston, TX

Standing (L-R): Nikki Stiffin, GN’75, BSN’78, Elvie Ferrer, GN’69, BSN’70, Maria Fiecas, GN’75, Eula Alamiriano, GN’68, BSN’71, Dolly Sanares-Carreon, GN’75, BSN’78, Gie Bono, GN’76, Susan Vicencio-Garaygay, GN’68, BSN’70, Virgie Chan, GN’69, BSN’70

Seated (L-R): Mara Mills, BSN’89, Tony Mills, BSN’88, Grace Guillermo, BSN’73
UPNAAI sincerely welcomes Dr. Lourdes Marie Tejero, PhD, RN as the new Dean of our beloved University of the Philippines Manila College of Nursing. She was appointed by the UP Board of Regents and took her oath of office on January 23, 2014. She was installed as the 12th dean of UPCN on February 10, 2014. Dr. Tejero joins a long succession of highly respected and beloved administrators of the College of Nursing each of whom had contributed to the continuous growth of this reputable academic institution.

Prior to her appointment, Dean Tejero was the Director of the UP National Graduate Office for Health Sciences where her responsibilities included management and strengthening of graduate programs at UP Manila and other major scholarly and collaborative functions. She also served as the Head of the Research and Creative Writing Program at UPCN in 2010 where her responsibilities included acting as the Editor of the UPCN Newsletter and Chair of the UPCN Ethics Research Committee. She served as the Assistant to the Dean at UPCN from 2009-2010 when she coordinated the PAASCU accreditation of UPCN, coordinated the establishment of the UP Honor Society of Nursing as a pre-chapter of Sigma Theta Tau International Honor Society of Nursing, and worked with nursing leaders on the Philippine Nursing Roadmap.

Dean Tejero’s professorial track spanned from 1999 when she was a faculty member of the University of Asia and the Pacific for five years and proceeded to UPCN where she was an Assistant Professor from 2004-2009 and an Associate Professor to the present. Her solid list of accomplishments point to her expertise in research as she published several studies on diverse topics such as nurse-patient bonding and patient satisfaction. She was a reviewer for several international nursing journals and served as a presenter and speaker in numerous scholarly organizations both in the Philippines and abroad. Her clinical nursing practice was spent at the Philippine Children’s Medical Center where she started as a neonatal ICU staff nurse in 1995, later became the neonatal ICU head nurse of the same unit, then moved on to be the nurse supervisor and head of the hospital’s Nursing Research Department.

Dean Tejero obtained her PhD in Nursing from the University of the Philippines where she also received the Catherine Pouget and Dissertation Grant awards. She also did a Post-doctorate Grant awards. She also did a Post-doctorate.
TRIBUTE TO MOM
By Rosemary Gadioma, BSN’81

My Mom, Maria Achacoso Gadioma, is a graduate of the PGH School of Nursing Class 1948. She was married to the late Demosthenes Gadioma, a graduate of the UP College of Law Class 1949. They have eight children who are all engaged in their respective professions.

My Mom is fondly called “Mary” by her classmates from the School of Nursing. Growing up, I remember her being a “class coordinator”. She rounded up her classmates to attend the reunions at the PGH Nurses Home and which she still does whenever she visits the Philippines. She calls her classmates for lunch get-togethers and even sent a telegram to a classmate in Urdaneta, Pangasinan at one time. I am quite sure she will call them again when she visits in February.

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TRIBUTE TO MOM
By Rosemary Gadioma, BSN’81

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Scholarly Activities and Collaboration

PAJARILLO (BSN ’79) WAS A SPEAKER AT THE 9TH INTERNATIONAL NURSING CONFERENCE IN MANILA AND AT THE UPCN AND UP-PGH MEDICAL CENTER

Edmund J. Y. Pajarillo, PhD, RN BC, CPHQ, NEA BC, was a speaker during the 9th International Nursing Conference held at the Manila Hotel on January 17, 2014. The conference drew nurses from different parts of the world and was jointly sponsored by the Philippine Nurses Association of America, Philippine Nurses Association, Association of Nursing Service Administrators of the Philippines, Association of Deans of Philippine Colleges of Nursing, and the Commission on Filipinos Overseas. The theme of the conference was “Promoting Solidarity for Global Health and Sustainable Action.”

Pajarillo’s topic was titled, “Nursing Informatics: Adjunctive Strategies in Nursing Education for Patient Safety, Quality, Global Health, & Social Action.” A leading expert in nursing informatics and systems analysis and redesign, Pajarillo infuses informatics and the use of technology in nursing practice and education to promote patient safety and quality.

The 1st Global Summit of Filipino Nurses was also held at the Manila Hotel on January 16, 2014. In this global summit, Pajarillo served as a Rapporteur for the U.S. delegation during the workshop on “Global Issues Affecting Nurses in the World.”

While in Manila, Pajarillo also shared his knowledge and expertise in a seminar at the UP College of Nursing attended by senior students and faculty titled, “Nursing Informatics: Instilling Patient Safety Among Nursing Students, and at the UP-PGH Medical Center on “Current Nursing Informatics Trends and Applications on Research, Evidence-Based Practice, and Quality Management.”

Pajarillo was recently elected as the 1st Vice President and Chairman of the Education Committee of the University of the Philippines Nursing Alumni Association, International (UPNAAI) for 2014 – 2015. He is currently the Editor-in-Chief of the Journal of Nursing Practice Applications and Reviews of Research (JNPARR), the international, refereed, academic journal of the Philippine Nurses Association of America, Inc. 🌐
Alumni In Action

DR. REMEDIOS FERNANDEZ, BSN'67, PHD, MN, RN

Dr. Fernandez is the epitome of a nursing leader and scholar who rose from poverty by overcoming barriers to educational opportunities and success. From her humble beginnings in Mambusao, Capiz, Philippines where she graduated with honors in elementary and high school, she qualified as an entrance scholar to the University of the Philippines. She also completed her master's degree at UP Diliman despite her strenuous commute between Diliman and Iriga City where she worked fulltime as a faculty. Interestingly, she pursued a doctoral program as a diversional activity from her deanship and finally completed it after seven years of part time residency despite her major medical diagnosis.

Along with her three young and passionate UP College of Nursing classmates, who only had a year of nursing practice, they pioneered a College of Nursing in Iriga City. Left behind at the school because her classmates went to the US, she continued to stay there for eight years from 1968-1976. The school's 100% success rate in passing the nursing board while Dr. Fernandez was there attested to the strength of their curriculum despite the absence of review centers. She became the Dean of the Lucena Medical Center Educational Institution in 1976 and the Martinez Memorial Colleges from 1979 to 1995. Dr. Fernandez was appointed as the Project Director of the Johns Hopkins Program for International Education for Reproductive Health-Association of Philippine School of Midwifery (APPSOM) project. She also served as a WHO consultant and was appointed as a member of the Board of Nursing. Her expertise in faculty training, competency-based teaching/training strategies, and nursing education have qualified her to serve in these various major capacities.

Dean Fernandez received multiple awards from diverse professional organizations such as the Professional Regulation Commission and the UPNAAI Alumni Association among many others. Her life is enriched by her family, the late Architect Antonino Fernandez, and her four children, namely, Reanne Joy, Jodie Arlene, Aldwin Ray, and Hannah Frances. How grateful we are to recognize Dr. Fernandez as a woman of scholarship, leadership, and service who is true to the values of a UP alumnus.
PHOTO GALLERY: UPNAAI’s 34th Annual Reunion
August 2-3, 2013, Hyatt Regency of Orange County, Garden Grove, CA
"United in the Quest for Growth"
BREAKFAST SEMINAR – AUGUST 2, 2013

Delia Reyes ’68           Dula F. Pacquiao’68           Luz Dones’80           Imelda Mangaser’73
Mely De Leon’61           Gloria A. Smitka ’69

Lyvia Villegas’68

Marlene C. Chance’75 awarded the J V 2013 Sotejo Medallion of Honor

Marlene C. Chance’75

Awards Presentation during UPNAAI’s 34th Breakfast Seminar

Registration Desk

Yearbook Distribution Table

Registration Desk

Reception before the Breakfast Seminar

Yearbook Distribution Table
BREATHSAK SEMINAR – AUGUST 2, 2013

Breakfast Seminar Attendees

Reception before the Breakfast Seminar with UPCN Dean Cel Balabagno (2nd from the right)

Vendor’s Table

Vendor’s Table

Dr. Marlene Chance & Breakfast Seminar Attendees

Floresinda Castelo, UPNAAI’s 1st President (3rd from the left) & alumni

Dean Cel Balabagno & Prof. Luz Dones with Class’79 & Class’80

Imelda Mangaser’73, her classmates, & Iren Roldan’69 (UPNAAI Treasurer)

Breakfast Seminar Speaker Delia Reyes’68 with her classmates

Rudy Villegas

Prof. Dones with Agnes Estraza

Prof. Luz Dones’80 (center) with Class ‘81

Class 1979
LUNCHEON REUNION & ROLL CALL OF CLASSES – AUGUST 2, 2013

Emcees: Floresinda Castelo ’50, Emerita Goodrich ’74, Jesusa Czach ’79, & Marilou Lacson ’79  Iren Roldan ’69  Dean Cel Balabagno

UPNAAI President Perry Francisco’s Welcome Address

Rudy Villegas & Jaime Raymundo ’63
The UPCN Class ‘58 celebrated its Emerald Anniversary in conjunction with the 34th annual UPNAAI reunion at the Hyatt, Garden Grove, California. Our journey started on August 1 with a carpooling with Ludy Henson and Tony Garcia from Los Angeles to Laguna Miguel where we stayed throughout the UPNAAI reunion. We had lunch at a Filipino restaurant in Orange County and fetched Eladia Clemente and Ed Coligado who flew all the way from Porter, Texas. Tony and Ludy treated us for dinner at an exclusive restaurant at Dana Point which overlooks the sea. We were also treated for breakfast at Tony and Ludy Garcia’s palatial home.

The following day, we had lunch with Virginia Fonacier and Lito Hidalgo from Fullerton, Ca and Luz Sapin Micabalo from Las Vegas, Nevada. Lito and Virgin later treated us for dinner at their Fullerton home. On August 3, Dr. Tony and Lucy Garcia treated us for lunch at Marie Callender’s and were later joined by Dr. Mike Micabalo for dinner. Eladia Clemente Coligado gave us green scarves to remember our being Emerald Jubilarians. Despite our age (secrell!), we were still able to do line dancing, cha-cha and boogie! On August 4, Sunday, Dr. Ed and Ely Coligado treated us for lunch at a Chinese Restaurant, and were later joined by Ely and my children. It was a hectic but happy Emerald reunion and we look forward to have more classmates join us for our Diamond anniversary!

Life holds many blessings. One of UPNAAI’s 2013 blessings was the record-breaking attendance of UP PGH-SN Class of 1963 at UPNAAI’s 34th Annual Grand Reunion. Jaime & Virginia Abuan-Raymundo worked so diligently to ensure their 50th year class reunion was a huge success — and it was! Forty nine (49) class members and 35 family members came to relive and relish warm and precious memories.

The UPCN Class ‘58, Emerald Jubilarians’ Reunion
Brunch at Marie Calender’s Restaurant, August 3, 2013

The Golden Ladies came from different states (Florida, Texas, North Carolina, Illinois, Delaware, Maryland, New York, New Jersey, Pennsylvania, Massachusetts, Nevada, Washington, and California) and as far as Toronto and Montreal in Canada, Bangkok in Thailand, and four classes came from the Philippines (Thais Cawagas-Miranda, Junieta Lemana-Ledesma and Delia Jayme were sponsored by classmates in the States, and Lida de Manuel-Francisco with husband Carlos). Lino Hernandez and daughter Emilline Nice attended the Jubilee Luncheon in memory of a classmate who passed away – Antonia Gonzalez-Hernandez. They rendered a dance presentation called “Ourana.” The Golden Ladies danced so gracefully garbed in Tahitian outfits and rings that litghted “blink, blink” that readily captured the audience’ attention. We thank all of them who came and shared themselves so generously with UPNAAI.

UPPGH-SN ’63
GOLDEN JUBILARIANS

Alumni In Action
TONY & TATESS ABAD, CLASS 1981

Who would have thought that two seemingly different, sometimes opposing personalities would find themselves together as a couple? There is wisdom in the words of the late Dr. Dolores Recio, “Tignan mo nga naman ang buhay!” (“Life indeed is full of surprises”). The romance of Tony and Tatess started after they graduated in 1981—they have been married for thirty years. “We shared the same group of friends in AS (Arts and Sciences) and PGH; we didn’t know that we’d eventually fall in love and tie the knot,” Tatess recalled. “I came to the US first while Tony continued to work as project coordinator for a healthcare financing scheme project in Manila. After the People’s Revolution, Tony and our 2 year-old daughter joined me in Queens, NY where we stayed in a tiny apartment.”

At that time, one of the burning issues that confronted Filipino nurses was the non-extension of their working visas. Hence, Tony and Tess were considered overstaying and were subject to deportation. Tony talked about the concurrent problem with severe nursing shortage. “It was probably the UP spirit that moved us to be involved in organizing the grass roots and in lobbying for these issues which eventually led to the passage of the Immigration Nursing Relief Act,” Tatess added. “We became actors and actresses, dramatizing the problems and difficulties of Filipino nurses in the new-found land in our street play Maria sa ibang Palad,” equpped Tony. The passage of HR 1507 and HR 2111 in 1989 benefitted about 35,000 nurses with temporary working visas which were converted to immigrant status. “In a way, it became the first project of Class ‘81 in the US,” Tatess recalled.

The bond among UPCN ‘81 grew and the batch met up for holidays, family occasions, and milestone celebrations. For Tony and Tatess, being with their class was the closest to being with family away from home. “It was on our 25th anniversary in 2006 when our class ventured to a more elaborate event, with CEU’s and souvenir program. Class ‘81 was joined by other classes in this celebration. We donated all proceeds to UPCN. It was while preparing for that event that Tony and I got introduced to UPNAAI.”

Together with other UP nurses in New York and New Jersey, the University of the Philippines Nurses of the East Coast (UPN-EC) was formed, and became the revived chapter of UPNAAI. In 2010, UPN-EC became the host for the 31st UPNAAI reunion in New York City & will be hosting UPNAAI’s 35th Coral Jubilee at The New Yorker Hotel in NYC on August 1 & 2, 2014. “We look forward to annual reunions, to experiencing more memorable moments with other alumni and their families. We see UPNAAI as a vehicle for professional growth and community service. UPNAAI reunions give us an opportunity to be in the company of fun-loving, good-hearted, and intelligent group of UP nurses, renowned and distinguished. To come to reunions is to spend quality time.”

(continued on page 18)
Day 1 - Wednesday, July 31: Welcome reception in Irvine at the Villegas’ Residence

Just imagine hearing the mega noise from a rowdy crowd of 50 senior men and women! It was beyond belief. But then again, it would be more surprising if we were meek and quiet. Class ‘68 has always been the animated, happy group. Picture this: everybody swarmed in the hallway leading to the entrance door as if the Queen Bee had ordered “attack the incoming guest.” That’s literally what happened every time a classmate showed up at the door. And guess what; no one escaped the guessing game involved to identify the swarm in the hallway (That’s what you get for not attending EVERY reunion, LOL). Luckily, the heavy penalty for not identifying classmates has been waived as most of us are retired and on fixed income.

We missed our dearly departed six classmates – Grace de Guzman-Barrera, Wilfredo Cruz, Avelina “Bambi” Gonzales-Dizon, Estela “Te” Miranda-Layug, Ledda Tabag, and Tita Tereninal. We felt their presence when the host’s backyard was being decorated with 36 sapphire balloons. Exactly six balloons knotted together, got untied from Lachme’s (Lachme Trivileg-Sustes) hands and the balloons ascended one by one. Each balloon seemed to smile and wave, each representing our dearly departed. They all looked magnificent amidst the blue sky, then slowly disappeared into the horizon. It was a sign of joy in heaven….a visitation from our guardian angels. That balloon escapade was a miracle that we can only describe as amazingly incredible and awesome….a gift from God.

Everyone enjoyed a catered dinner from Manila Grille. For this occasion, nobody questioned the availability of “heart attack in a plate.” Are you kidding? Try to stop this mob from devouring the lechon! After dinner, we had our usual roll call. Remember the “WOW” group? Rick (spouse of Norma Arevailo-Tabul), Vladi (spouse of Ida Robillon-Santos) and Ed (spouse of Lillian Gahol-Salvador), were the trio who howled the big “Wow” after each classmate’s delivery of her life update. That evening, there was only one thorn amongst the ‘68 roses. Hooray to Sam Alog who came with his beloved wife Lou (Lucina Ferre, SN’67), who did not mind the group’s loudness when Sam was teased about not having picked the lechon! After dinner, we had our usual roll call. Everyone enjoyed a catered dinner from Manila Grille. For this occasion, nobody questioned the availability of “heart attack in a plate.” Are you kidding? Try to stop this mob from devouring the lechon! 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Day 2 – Thursday, August 1: Luncheon, Hokkaido Seafood Buffet Restaurant, Newport Beach and Sunset Picnic at Heisler Park, Laguna Beach

The same group from the welcome reception attended the lunch buffet. Again, another fun time together enjoying the irresistible seafood spread and the usual paparazzi delight – an obsession with Kodak moments. Then, on to Laguna Beach for the sunset picnic in Heisler Park. We looked great in our sapphire jubilee t-shirts. We welcomed Edgar Pasaporte and wife Edith for their first reunion attendance. Susan Pai Sai-Garayay prepared games that everybody enjoyed. One of the games involved a designated leader instructing the guys to follow specific cues. Butch Garayay (Susan’s spouse) got so sexy with his hip movements that Susan decided to eliminate him. Susan, you’re a kill joy! Sorry for those who missed the beach activities. We had a delightful dinner in the park and the event ended with everybody enjoying a picturesque view of the sunset.

Day 3, Friday, 8/2: UPNAAI Breakfast Seminar/Luncheon Roll Call, Hyatt Hotel

Della Zambrano-Reyes was one of the featured speakers and she presented “A small group that has evolved into a multi-disciplinary and collaborative diabetes clinic”. She is an expert in diabetes care and is a Certified Diabetic Educator. Lyvia Mendoza-Villegas, Chairman of UPNAAI’s Awards and Citation Committee, presented the J.V. Sotejo Medal of Honor Award to Dr. Marlene Catalyo Chance (PGHSN’75). The luncheon/roll call was well attended (over 200) with 30 of us very visible in our customized sapphire T-shirts. We joined hands with our Class of ‘68ers when we were presented on stage during the roll call.

The unforgettable and ever funny “Mama” Flor Castelo, UPNAAI’s First President, brought down the house again with her wit and sense of humor as she shared her life experiences as a nurse, friend, wife, mother, and grandmother. She already has an annual “following” of captive audience since her premier appearance in 2009 at UPNAAI’s 30th Jubilee.

Day 4 Saturday 8/3 UPNAAI Dinner-Dance, Hyatt Hotel

It was indeed an affair to remember. The dinner-dance program was emceed by Iren Roldan (CN’69) and Doris Maligalig (CN’72). The women looked beautiful in sapphire formals and the men looked dashing in their formal attires. A special dance rendition was performed by our very own Aida Layug-Limcaoco and spouse Ben. Lyvia delivered a poem in Tagalog as a tribute to the love and friendship.


We look forward to seeing you all at the UPNAAI’s Coral Jubilee Grand Reunion to be held at the New Yorker Hotel on August 1-2, 2014. The 2014 Class ‘68 reunion will be held in Toronto, Canada on Wednesday, August 6, 2014 at the Quality Inn Suites near the Toronto Airport. By the time you receive the UPNAAI News, you would have received details of the reunion from Team Toronto (Yoly Valera-Cruz, Arlene Lorico-Le Roux, Asuncion Lukban-Nonato, and Belinda Reyes-Ying) and from Naty’s Post-UPNAAI Reunion Bus Tour to Canada which departs New York on August 3, 2014 and terminates in Boston on August 9, 2014. ☝️
Just a couple of weeks after UPNAAI’s 35th Reunion in 2012, when world class traveler and PGH-SN Class ’68 mother hen, Nati Matitu, announced that our next UPNAAI Post Convention excursion for the summer of 2013, would be to the Canadian Rockies, her hash tag was #TheMostSpectacularPlaceOnEarth. It was indeed a perfect week spent with some of my best friends and colleagues, embracing the pristine, natural beauty of Canada together. It was a time for grand sightseeing and new experience that afforded each of us a new perspective: a balance of mind, body, and spirit.

Our congenial group of 53 UP Nursing alumni and family met in Vancouver, where we were introduced to our articulate Chinese-Canadian tour guide, Uncle Joe. Our guide made the long rides to our destinations interesting, as we snaked through Canada’s vast lands (second largest in the world trailing only Russia) and its living sanctuary of spectacular scenery and untouched wilderness. He also made sure to provide us with a wealth of information about our neighbors to the north, its provinces, its people, history, and culture.

The Canadian Rockies Experience:

On our first day in the Rockies, we enjoyed an impressive photo opportunity in front of lofty snow-capped Mount Robson, the Canadian Rockies’ highest peak at 12,972 ft. We continued our mystical journey through the Icefields Parkway, often called the most scenic mountain highway in the world, with views of tremendous glaciers, turquoise lakes, rushing waterfalls, castellated mountains, wild forests, and canyons. Later, a ride on the massive Ice Explorer allowed us to step onto Columbia Icefield’s glaciers and walk along crevasses to taste clear fresh meltwater.

Our next day in the Canadian Rockies brought us to the top of Sulphur Mountain. A titillating 14-minute, 6,850 foot, gondola climb featured spectacular views of glacier-clad peaks, majestic Lake Louise, alpine meadows peppered with wild flowers, and the valley of Banff below. Numerous additional stops bestowed similar gifts for the senses: the Bow River and Waterfalls, Emerald Lake, Peyto Lake, and Lake Okanagan to name but a few.

The Metropolis:

A relaxing ferry ride on the newly minted Coastal Celebration took us from Vancouver to Victoria through the Gulf Islands. Lunch was in Little Hong Kong, where we were treated to highly sought-after tropical fruits such as Dragon fruit, lanzones, and rambutan. British influences were prominent at downtown Victoria, the Empress Hotel, the British Columbia Parliament Buildings, and in many lavish parks. The highlight of Victoria, also known as the “City of Gardens”, is the magnificent, world-renowned Butchart Gardens that offered an expansive feast for a gardener’s eyes and soul.

We spent our last beautiful Vancouver morning in historic Gastown, the city’s original downtown; adjacent Chinatown; and vast, urban, water locked Stanley Park where the First Nations Totem Poles are proudly displayed. After many departed for their respective homes, those of us who stayed behind savored one last night in Canada by taking in the Asian-inspired International Summer Night Market, a warm startit gathering that featured street foods, shopping, and fellowship.

Lessons learned:

Visits to Kamloops Ginseng and Vernon’s Planet Bee Honey Farms informed us on the usage of preventive medicine to increase one’s immune system; a lesson rivaled only by Ice wine tasting in Kelowna, a tutorial in nurturing the spirit.

Academically, Professor Dula Faraon Pacquiao, UPN Class ’68, spoke on “Cultural Diversity - Finding a better understanding of oneself as a foreign graduate in the workplace.” The take-away for me was the consideration of ideal places to retire after focused soul-searching of where one might be happiest. Having kept her eyes and ears open the entire trip, the agenda of NP “Dr.” Delia Zambrano Reyes, SN’68, was to analyze the group’s needs, so she could bring a fresh approach to her Diabetes Counseling practice. Her take-home directive to all was, “Now is the time! If not now, when?”

In addition to lessons on Salmon Run and the Chinese contribution to the Canadian Pacific Railway, our tour guide also passed on additional wisdom here and there. Perhaps influenced by Confucius, Uncle Joe reminded us to live in the moment. “C’mon, you guys! It’s okay to spend money on holidays to maximize your once-in-a-lifetime experience.”

As promised, it was, indeed, the trip of a lifetime to one of the most spectacular places on earth—it was a perfect week spent with UPNAAI classmates and friends that was filled to the brim with countless opportunities to widen our horizons and appreciate God’s gifts. Each of us departed with a new perspective: a balance of mind, body, and spirit. I can’t wait until the next UPNAAI Post-Convention pilgrimage. See you all there. 💫

### 2014 Post Reunion East Coast & Canada 7-Day Sponsored by Class ’68

**By Nati Matitu-Mercado, GN’68, BSN’69, RNC**

**Itinerary:** August 3 to August 9, 2014

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<tr>
<td>8/03/14</td>
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<td>Niagara Falls to Toronto</td>
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<td>8/07/14</td>
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**Fare:** $760.00 / per person / Double occupancy

**NOT Included:** Meals & Optional Tours:

- Skyline Tower (Niagara Falls) - 14.75/per person
- CN Tower – 27.00/per person
- Olympic Tower – 22.00/per person
- Boston Harbour Cruise – 21.00/per person

**A deposit of $100.00 is required to secure a seat in the bus on a “first come first served basis”. This deposit will be subtracted from your final payment. Please make your check payable to SUN TRAVEL and mail it to:**

**SUN TRAVEL**

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Phone: 818-989-8742

**PLEASE CALL NATI MATITU FIRST AT 818-894-5142 TO RESERVE A SEAT BEFORE YOU SEND YOUR DEPOSIT TO SUN TRAVEL TO MAKE SURE THAT SEATS ARE STILL AVAILABLE.**
RUBY JUBILARIANS – CLASS OF 1973

By Marilyn Ubaldo Boots

Flashback 40 years ago to AS & Malcolm hall as Ruby Jubilarians...quite a feat! But 42 women then & 41 now bring forth to our reunion many thanks to our professors & families & of course “us” for our own personal efforts!

UP-PGH Chief Nurse Imelda Mangaser, as a Ruby jubilarian, made our celebration such a wonderful event. Thanks to Class 73!!!

Grace asked us to share our present & what’s in store ahead.....God willing we’ll have more reunions w/ UPNAAI! An open invitation to the rest of Class 73 to join us for fun & frolicking as we still can!!!

CLASS 1988 – 2013 SILVER JUBILARIANS AT UPNAAI’S 35TH REUNION’S DINNER DANCE ON AUGUST 3, 2013

CLASS 1993 – 2013 CHINA JUBILARIANS

UPNAAI’S 2013 RUBY JUBILARIAN – CLASS 1973

Standing (L-R): Bella Padaoan, Guia Caliwagan, Al Umel, Shawn Tsai, Gladys Alvaro, Elena & Day Apostol, Jasmin camacho, Maggie Ongkiko, Ding Delima. Seated (L-R): Marilyn Boots, Linda Umel, Ula Tsai, Jona Bautista, Imelda Mangaser, Grace Gutierrez, Charito Arsay, Emma Catabui, Precy Imperial

UPNAAI’S 2013 CRYSTAL JUBILARIANS – 2013 China Jubilarians with UPCN Prof. Luz Dones’80

OTHER AUGUST 3, 2013 DINNER DANCE ATTENDEES

Class 1967

CLASS 1998 – UPNAAI’S 2013 CRYSTAL JUBILARIANS

August 3, 2013, Hyatt Regency Of Orange County, Garden Grove, CA.

Dean Cel Balabagno with Class 1993 (2013 China Jubilarians) at the 35th UPNAAI Reunion’s Dinner Dance

Class 1993 – 2013 China Jubilarians at UPNAAI’s 35th reunion

August 3, 2013, Hyatt Regency of Orange County, Garden Grove, CA.

Class 1998, 2013 Crystal Jubilarians with UPCN Prof. Luz Dones’80

Tony and Tatess spend their time in church, community activities, retreats, and medical missions. They are active members of the Bukas Loob sa Diyas (BLD). They are blessed with five children. The eldest, Anatha, is married with a doctorate in Biomedical Engineering. Alissa has a math degree and mentors inner city school children in Brooklyn, New York. Ariana is finishing college as Avery starts hers in the coming school year. The youngest, Anton, is the darling of the family. “We are thankful for the bountiful blessings God has bestowed upon us. We give them back to Him and share them to others. More blessings will come, and we have more reason to be grateful.”

Thirty years ago, who would ever have thought … Tony & Tatess? Dr. Recio has bestowed upon us. We give them back to Him and share them to others. More blessings will come, and we have more reason to be grateful.”
IN MEMORIAM

Mrs. Florentina Banez, died peacefully on September 8, 2013 of old age at the age of 105. She graduated from PGH School of Nursing in 1929 together with Dean Julita V. Sotejo. She was the mother of Agnes Essem Banez Perez BSN’58, president of UPCN Foundation, Inc. and Namnama Banez GN’59.

Conception Santos (UP College of Nursing Class 1968) passed away in 2013.

Perilita Francisco-Sugultan (UP College of Nursing Class 1968) passed away in 2013.

Erlinda Lipa Ortin (UP College of Nursing Class 1969) passed away in San Diego, CA on July 15, 2013.

Amelle LaMorena-Tucay (UP-PGH School of Nursing Class 1969) passed away on February 10, 2014.

OUR HEARTFELT CONDOLENCES TO:

Maggie Ongkiko, BSN’73, UPNAAI Advisor, on the loss of her 94 year old Mother, Mrs. Beatriz L. Ongkiko, on January 12, 2014.

Agnes Essem Banez Perez, BSN’58, President of UPCN Foundation, Inc. and Namnama Banez GN’59 on the loss of their 105 year old Mother, Mrs. Florentina Banez of Class 1929 who passed away on September 8, 2013.

Zayda Bulala Aberman, GN’67 and her husband Eddie on the loss of Zayda’s sister Lilia Bulala Francine & Eddie’s Mother Lourdes Aberman in 2013.

Marliou Torres Lacson, BSN’79 and her husband Gel on the loss of Malou’s mother-in-law, Aurora Lacson on Jan 25, 2013, her nephew Christopher Lasquete October 3, 2013, and her sister Emelita Lasquete on October 9, 2013.

Nadine Cabahug-Englis, BSN’79, her husband Terence, and their family on the untimely demise of their young son, Nathan, on March 3, 2014.

Angelica Antonio Feiger, BSN’79 and her family on the loss of her Mother, Carol Antonio in February, 2014.

Edita “Ding” Paraiso de Lima, BSN’73, former UPNAAI Board Member, and her husband Ed de Lima on the loss of Ding’s 89 year old Mother-in-law, Narcisa Vista de Lima, who peacefully passed away on January 17, 2013 while vacationing in the Philippines. She’s a resident of Canada.

Marilex Nolasco Luna, BSN’62 on the loss of her spouse, Ted Nolasco, MD in 2013.

Josefina Santos Jason, GN’60 on the loss of her spouse, Jose “Pete” Jason, MD in 2013.

35th Reunion: Search for the 2014 Awardees

IN SEARCH: THE 2014 J.V. SOTEJO MEDALLION OF HONOR Awardee

The UPNAAI Awards and Citation Committee announces the search for distinguished UP nursing alumna/alumnus for 2014. We encourage all UP nursing alumni to nominate deserving candidates. The awardee will be honored during the 35th UPNAAI annual reunion to be held on August 1, 2014 at the New Yorker Hotel, New York City, New York.

The J.V. Sotejo Medallion of Honor was established by UPNAAI as its highest and most coveted award to recognize nursing alumni who embody the ideals espoused by J.V. Sotejo, Principal, UP-PGHSN, founder and first Dean, UP College of Nursing. The recipients’ names are specially recorded in UPNAAI’s official archives. UPNAAI will continue to honor these awardees by publishing their names and accomplishments in the organization’s souvenir yearbook every year. They will be part of UPNAAI’s history, and clearly the pride of their alma mater. Since 1993, nineteen awardees have joined the JVS Hall of Fame.

The J.V. Sotejo Medallion of Honor Nomination Criteria and Requirements:

Criteria:

1. Must have attained a significant and innovative contribution to the nursing profession including lifetime achievements of the nominee within the past decade. (20%)

2. Must have attained national and possibly international prestige which has brought honor and distinction to the nursing profession, university, and country. (30%)

3. Must have rendered a unique and selfless service to the country and humanity. (50%)

Requirements:

1. Must be a UP nursing alumna/alumnus and a member of UPNAAI.

2. The recipient must be able to accept the award in person during the UPNAAI annual reunion and be prepared to give a talk on a subject of his/her choice.

The Nomination process:

1. The nominator must be a member of UPNAAI.

2. A letter of nomination must be addressed to: Lyvia M. Villegas, Chair, Awards and Citation Committee and e-mailed to FULLROSE@COX.NET by the April 30, 2014 deadline

3. The nomination letter must include a brief introduction about the nominee and a justification from the nominator’s perspective based on the three criteria.

4. The nominator will submit the following attachments:

   a. The nominee’s detailed justification of the criteria

   b. A recent colored photo (jpg) of the nominee

   c. Nominee’s CV

THE SEARCH FOR THE 2014 UPNAAI SCHOLARSHIP Awardee

UPNAAI is offering a $1000 Scholarship Grant to be awarded to qualified alumni or children of alumni who are active and registered members.

Recipients of the award will be selected based on the following criteria:

- Active involvement/service: 40%
- Academic qualifications: 30%
- Personal/professional qualifications: 30%

The award is intended to support basic, advanced education in nursing or certification towards advanced practice. The award will be presented at our annual reunion on the first Friday of August 2013. Please write UPNAAI to request for an application form and for additional information. Board members and their children are not qualified for the scholarship grant during their term of office.

Submit completed application forms on or before June 15, 2014 to: Lyvia Mendoza Villegas, GN’68, BSN’71, MA, RN, FNP Chairman, Citations & Awards Committee at FULLROSE@COX.NET

THE SEARCH FOR THE 2014 NURSE SCIENTIST FELLOWSHIP Awardee

The UPNAAI Nursing Journal is offering a $1000 Nurse Scientist Fellowship Award based on the following criteria:

Nominee must be an UPNAAI member pursuing research activities with intended completion within 12 months of receiving the award. The research will be published in the UPNAAI Nursing Journal. The UPNAAI Nursing Journal will have exclusive rights for the distribution of the completed manuscript.

The submission deadline is May 31, 2014. For more information, please contact: Josie Villanueva, BSN’67, MA, RN-BC, NE-BC, Chairman of the Editorial Board at JPHINES51@AOL.COM

WINTER 2013 - 2014 19
2014 CALENDAR
OF EVENTS

SAVE THE DATE! UPNAAI’S 35th REUNION
AUG. 1 & 2 NEW YORK CITY

January
11  Board of Directors Meeting
    Nelson & Merle Borrero’s Residence + Teleconference

February
08  Board of Directors Meeting
    Teleconference

March
08  Board of Directors Meeting
    Rudy & Lyvia Villegas’ Residence + Teleconference
31  Nomination Deadline - 2014 UPCNAAI Awards

April
09  UPCN’s 66th Foundation Day
12  Board of Directors' Meeting
    Lyvia Villegas’ Residence + Teleconference
30  Nomination Deadline - 2014 J.V. Sotejo Medallion of Honor Awardee

May
01  Submission Deadline - 2014 Yearbook Ad
10  Board of Directors' Meeting
    Rudy & Lyvia Villegas’ Residence + Teleconference
15  Submission Deadline - UPNAAI Nursing Journal’s “Call for Manuscripts”
31  Submission Deadline - 2014 Nurse Scientist Fellowship Awardee

June
14  Board of Directors’ Meeting
    Lyvia Villegas’ Residence + Teleconference
15  Submission Deadline 2014 UPNAAI Scholarship Awardee
TBD  UPCN Alumni Association Reunion, UPCN Sotejo Hall, Pedro Hill, MM, PR
TBD  Dean Sotejo Memorial Lecture
TBD  UPAA Faculty & Alumni Homecoming and Reunion, Bahay ng Alumni, Diliman, PR

July
01  Early Bird Reunion Registration Deadline
    Deadline for Discounted Room Rate at the venue
12  Board of Directors’ Meeting
    Lyvia Villegas’ Residence + Teleconference

August
1-2  UPNAAI’s 35th REUNION
    The New Yorker Hotel, New York City, NY
    Theme: “Global Leadership: Breaking Barriers”
    See Page 18 For Registration & Hotel Reservations
02  Chapter & Board of Directors’ Meeting
    The Wyndham New Yorker Hotel, New York City

September
13  Board of Directors’ Meeting
    Lyvia Villegas’ Residence + Teleconference

October
11  Board of Directors’ Meeting
    Lyvia Villegas’ Residence + Teleconference

November
08  Board of Directors’ Meeting
    Lyvia Villegas’ Residence + Teleconference

December
08  Board of Directors’ Meeting/Holiday Get-Together
18  UP Diliman Lantern Parade
TBD  PGHSNAA Reunion

UPNAAI
University of the Philippines
Nursing Alumni Association International
26931 Fort Apache Circle
Lake Forest, CA 92630

ADDRESS CORRECTION REQUESTED

The UPNAAI News Magazine is published annually during the winter season.

UPNAAI’s Yearbook is published annually the month before the August Reunion.
Please address any correspondence & mail your tax-deductible contributions to:
UPNAAI c/o Iren Bobis Roldan (see address next to UPNAAI Logo above).
Visit UPNAAI’s facebook page at www.facebook.com/upnaai & UPNAAI’s website.